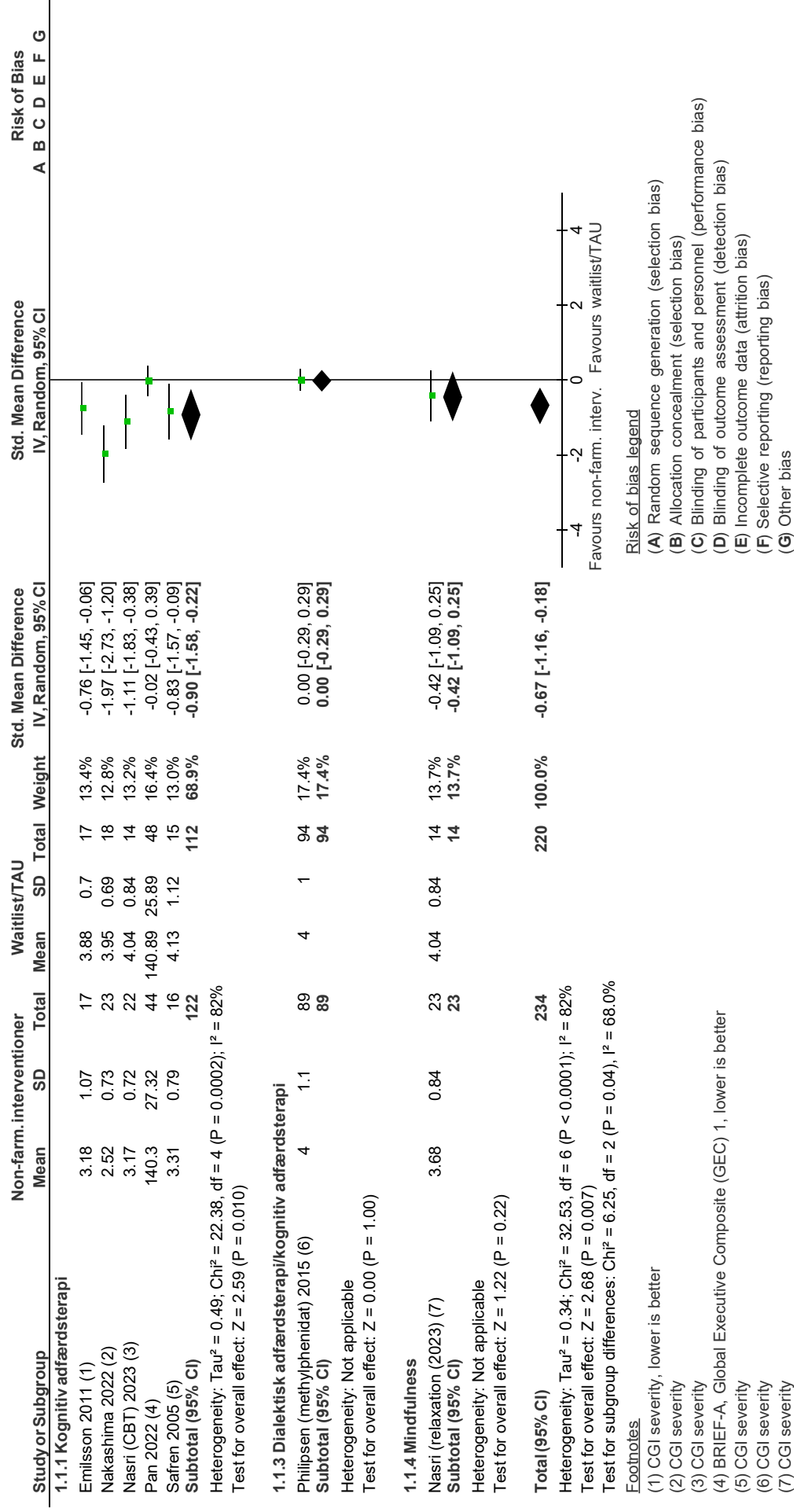
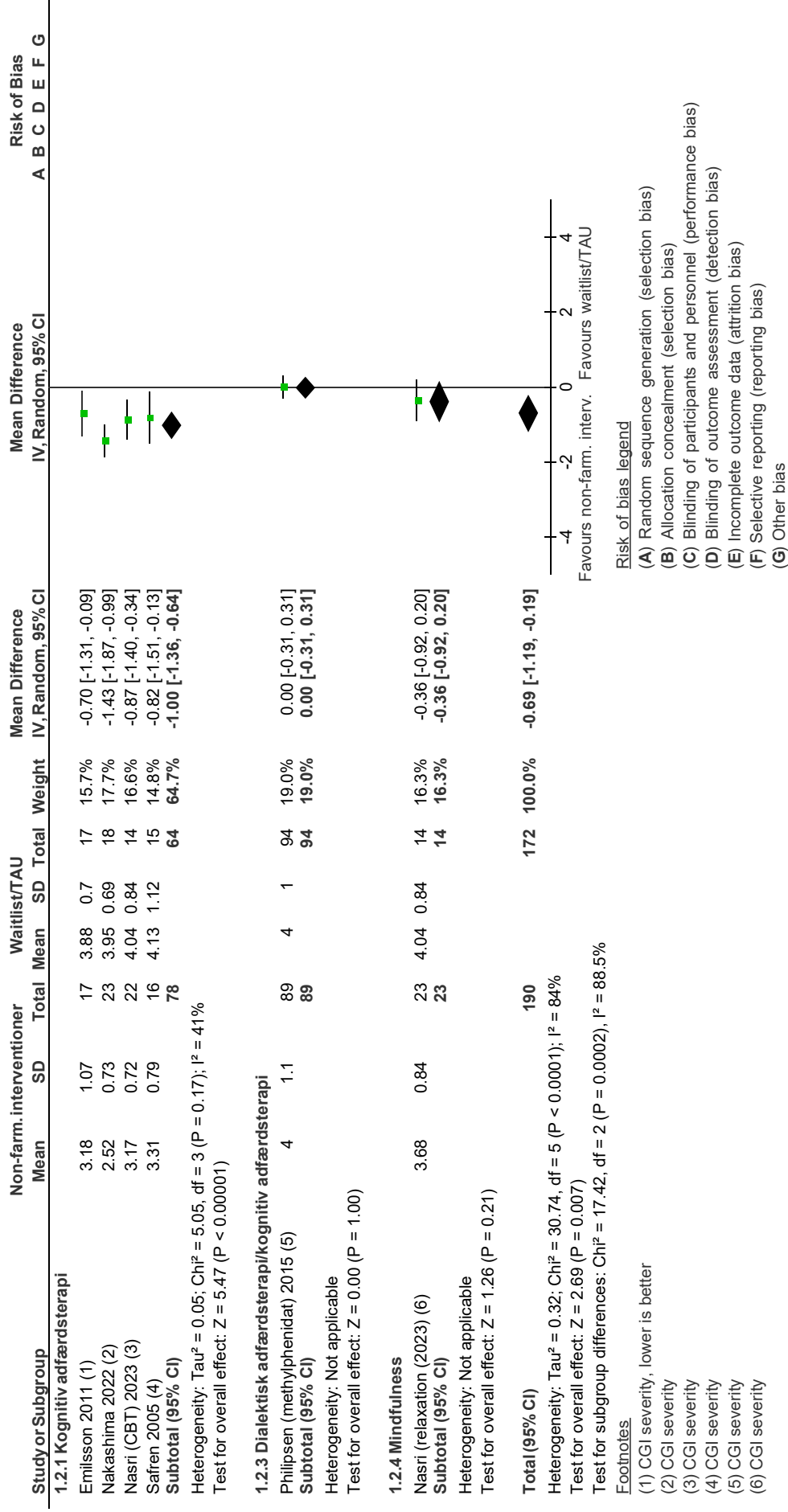


1 PICO 1 - Medicin + non-farmakologiske interventioner vs waitlist/TAU - Sensitivitetsanalyser

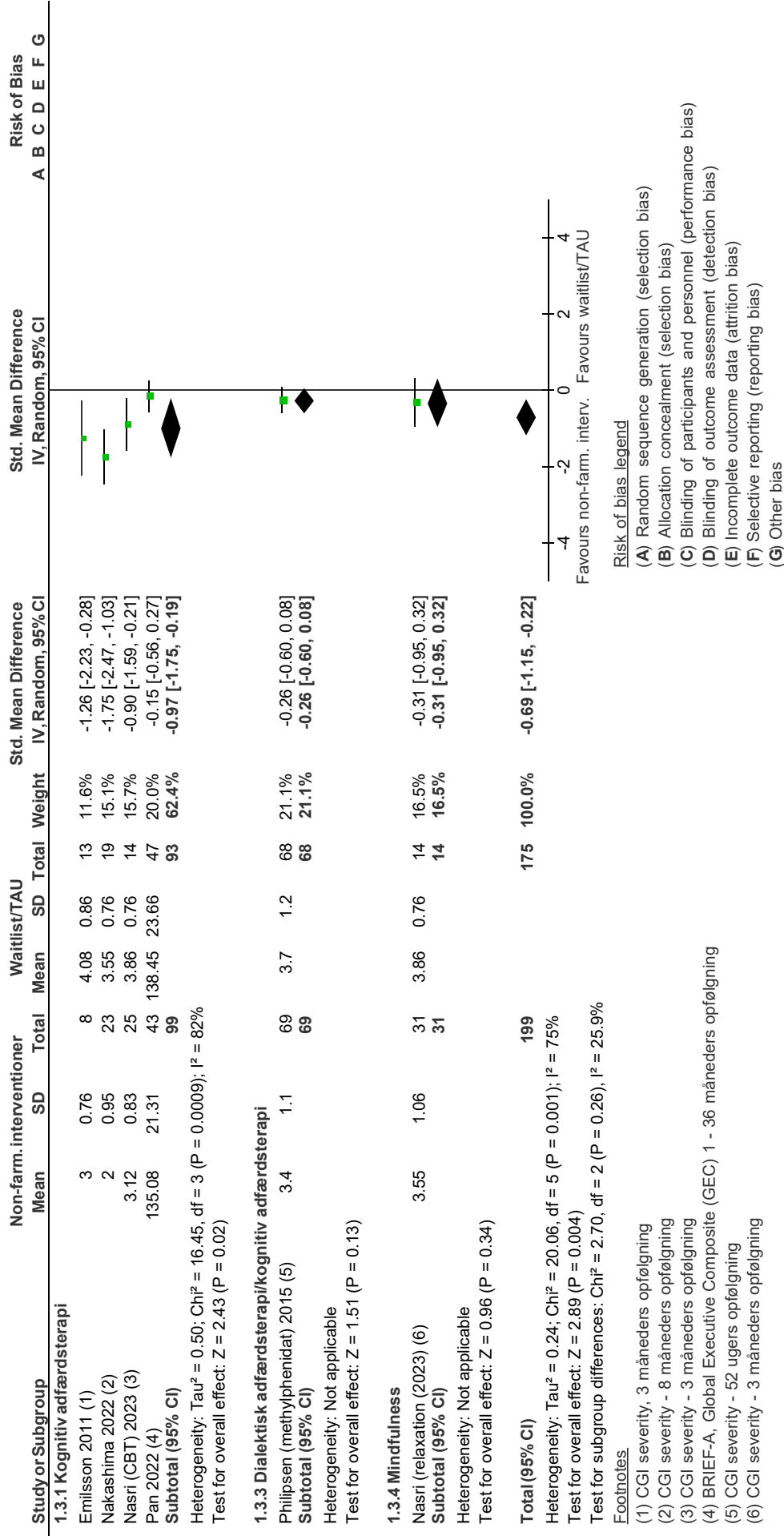
## 1.1 Funktionsniveau - observatørvurderet - behandlingsafslutning - SMD



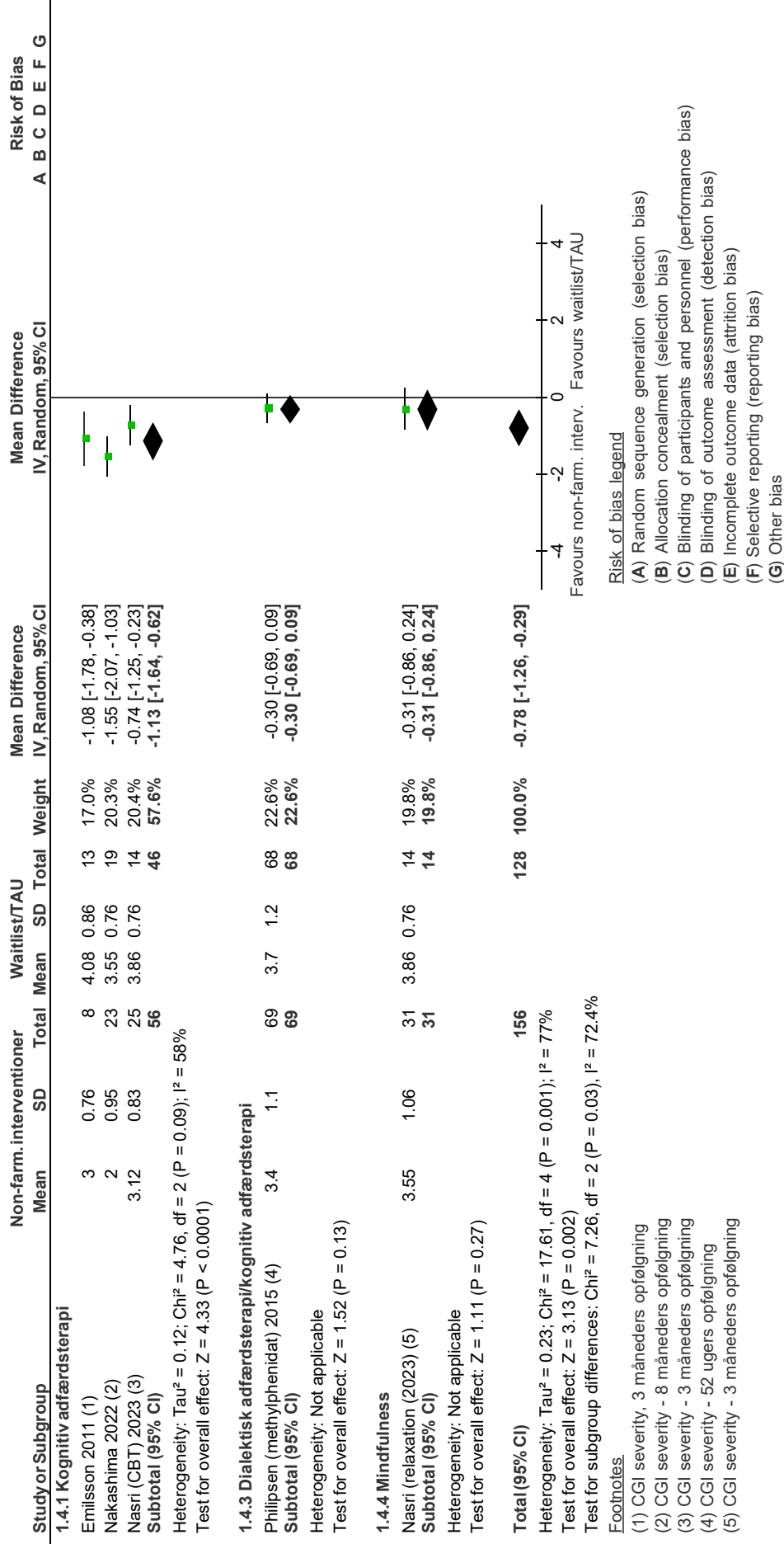
## 1.2 Funktionsniveau - observatørvurderet - behandlingsafslutning - CGI severity



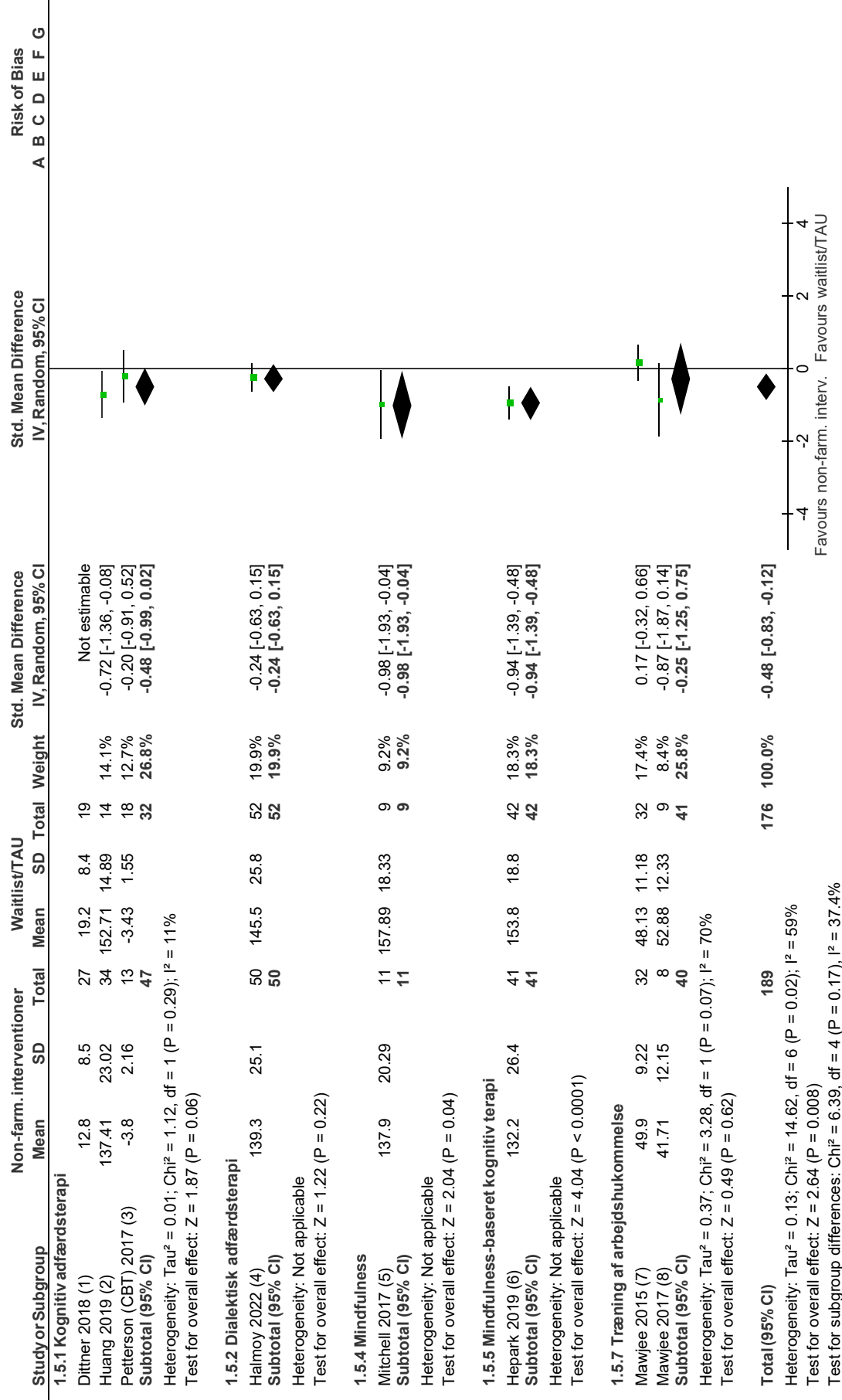
## 1.3 Funktionsniveau - observatørvurderet - længste opfølgning - SMD



## 1.4 Funktionsniveau - observatørvurderet - længste opfølgning - CGI severity



## 1.5 Funktionsniveau - selvvrderet - behandlingsafslutning - SMD



## Footnotes

- (1) Work and Social Adjustment Scale (WSAS). Skala 0-8, lower is better.  
(2) BRIEF-A = Behavior Rating Inventory of Executive Function-Adult Version, skala 1-3. 75 item, lower is better  
(3) Canadian Occupational Performance Measure (COPM), range: 1-10, higher is better (derfor -)  
(4) BRIEF-A Behavior Rating Inventory of Executive Function - Adult Version, total sum score, lower is better
- Risk of bias legend**  
(A) Random sequence generation (selection bias)  
(B) Allocation concealment (selection bias)  
(C) Blinding of participants and personnel (performance bias)  
(D) Blinding of outcome assessment (detection bias)

- (5) BRIEF-A = Behavior Rating Inventory of Executive Functioning—Adult Version, range 1-3, lower is better  
(6) BRIEF-ASR = Behavior Rating Inventory of Executive Function-Adult Self-Report Version, lower is better  
(7) BDEFS-SF: Barkley Deficits in Executive Functioning Scale - short form, range 20-80, lower is better  
(8) BDEFS-SF = Barkley Deficits in Executive Functioning Scale-short form, lower is better

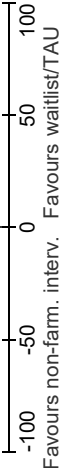
- (E) Incomplete outcome data (attrition bias)  
(F) Selective reporting (reporting bias)  
(G) Other bias

1.6 Funktionsniveau - selvurderet - længste opfølgning

Study or Subgroup	Non-farm. interventioner		Waitlist/TAU		Total Weight	Mean Difference		Mean Difference	Risk of Bias						
	Mean	SD	Total	Mean	SD	IV, Random, 95% CI	IV, Random, 95% CI	IV, Random, 95% CI	A	B	C	D	E	F	G
<b>1.6.1 Kognitiv adfærdsterapi</b>															
Dittner 2018 (1)	10.2	6.9	27	16.8	8.8	18	0.0%	-6.60 [-11.43, -1.77]							
Subtotal (95% CI)			0			0		Not estimable							
Heterogeneity: Not applicable															
Test for overall effect: Not applicable															
<b>Total (95% CI)</b>															
Heterogeneity: Not applicable															
Test for overall effect: Not applicable															
Test for subgroup differences: Not applicable															

Footnotes

- (1) Work and Social Adjustment Scale (WSAS). Skala 0-8 på 5 items. Lower is better. 43 ugers opfølgning  
(A) Random sequence generation (selection bias)  
(B) Allocation concealment (selection bias)  
(C) Blinding of participants and personnel (performance bias)  
(D) Blinding of outcome assessment (detection bias)  
(E) Incomplete outcome data (attrition bias)  
(F) Selective reporting (reporting bias)  
(G) Other bias

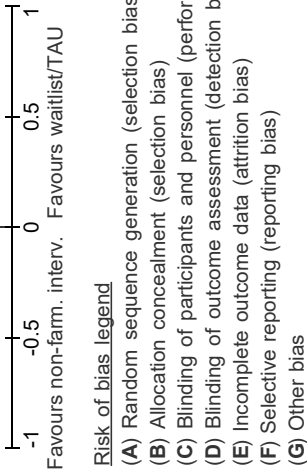


Risk of bias legend

- (A) Random sequence generation (selection bias)  
(B) Allocation concealment (selection bias)  
(C) Blinding of participants and personnel (performance bias)  
(D) Blinding of outcome assessment (detection bias)  
(E) Incomplete outcome data (attrition bias)  
(F) Selective reporting (reporting bias)  
(G) Other bias

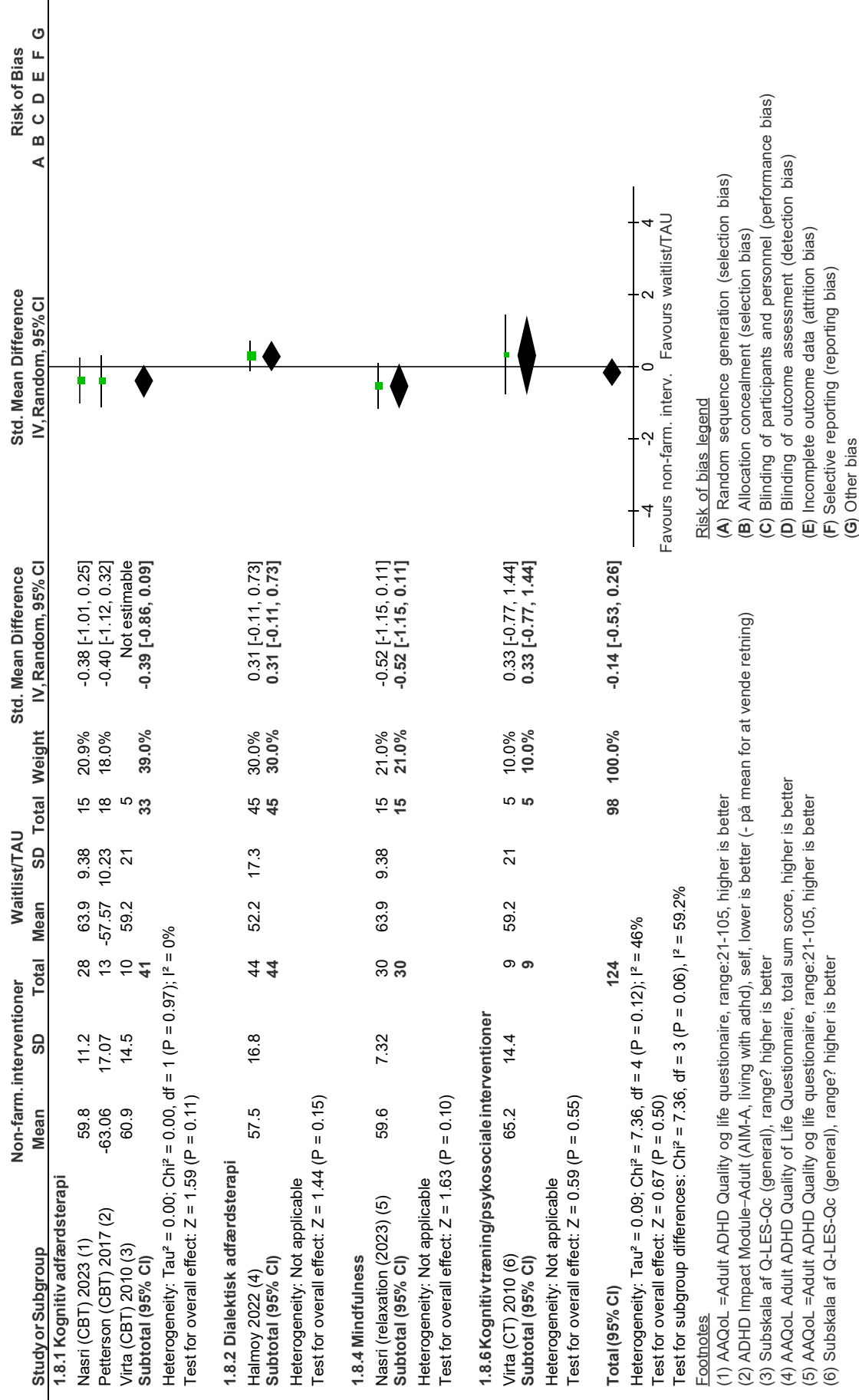
1.7 Alvorlige hændelser - længste opfølgning

Study or Subgroup	Non-farm. interventioner Events	Total	Waitlist/TAU Events	Total	Weight	Risk Difference M-H, Random, 95% CI	Risk Difference M-H, Random, 95% CI	Risk of Bias A B C D E F G
1.7.1 Kognitiv adfærdsterapi								
Dittner 2018 (1)	2	30	0	30		Not estimable		
Subtotal (95% CI)	0	0	0	0		Not estimable		
Total events	0		0					
Heterogeneity: Not applicable								
Test for overall effect: Not applicable								
1.7.2 Dialektisk adfærdsterapi								
Halmoy 2022	0	60	0	61	100.0%	0.00 [-0.03, 0.03]		
Subtotal (95% CI)		60		61	100.0%	0.00 [-0.03, 0.03]		
Total events	0		0					
Heterogeneity: Not applicable								
Test for overall effect: Z = 0.00 (P = 1.00)								
Total (95% CI)		60		61	100.0%	0.00 [-0.03, 0.03]		
Total events	0		0					
Heterogeneity: Not applicable								
Test for overall effect: Z = 0.00 (P = 1.00)								
Test for subgroup differences: Not applicable								
Footnotes								
(1) Beskrivet som "SAE definitely not related to treatment"								

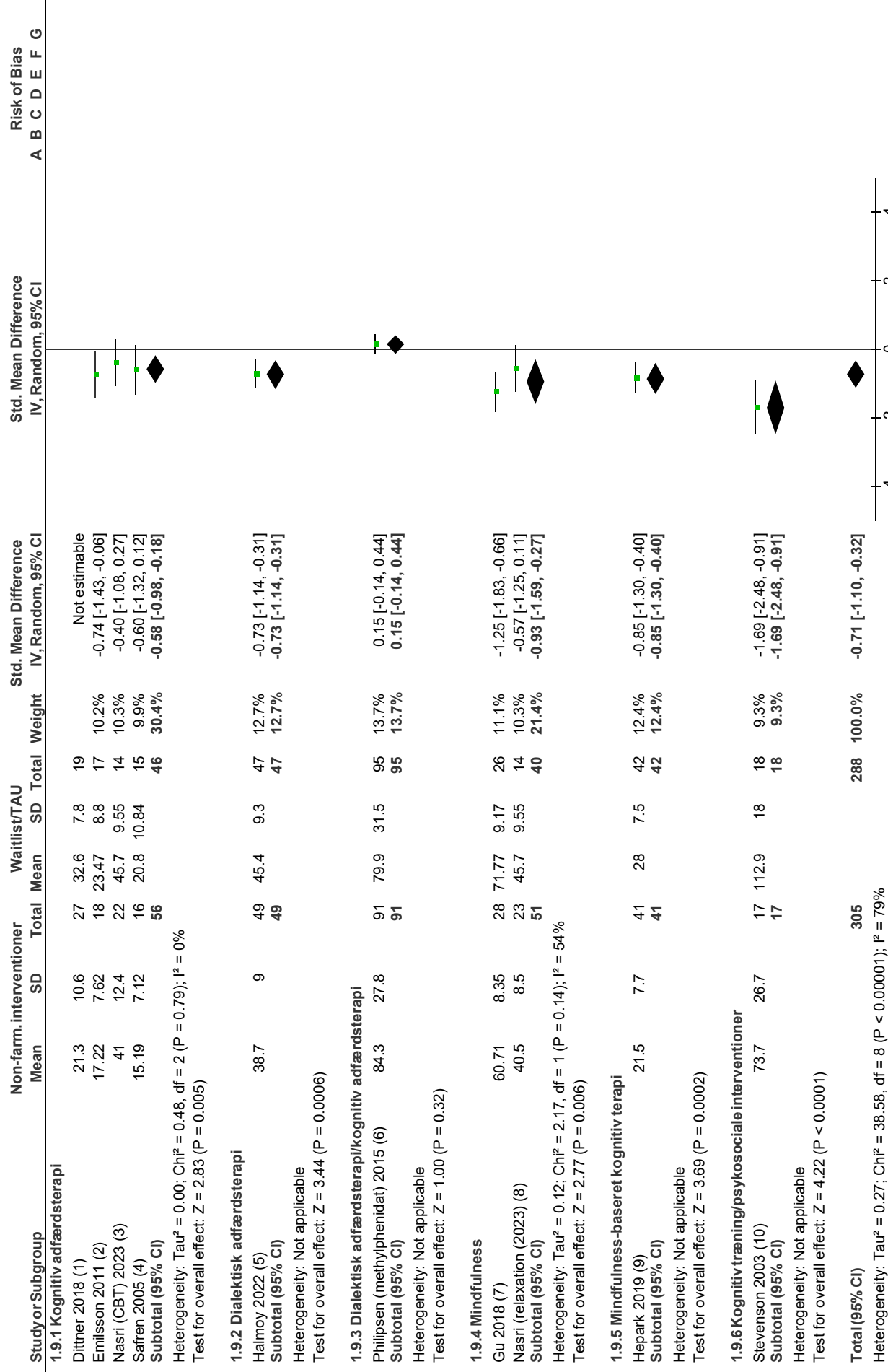




## 1.8 Livskvalitet - behandlingsafslutning - SMD



## 1.9 ADHD symptomer - observatørvurderet - behandlingsafslutning - SMD



Test for overall effect:  $Z = 3.53$  ( $P = 0.0004$ )  
Test for subgroup differences:  $\text{Chi}^2 = 33.29$ ,  $\text{df} = 5$  ( $P < 0.00001$ ),  $I^2 = 85.0\%$

Footnotes

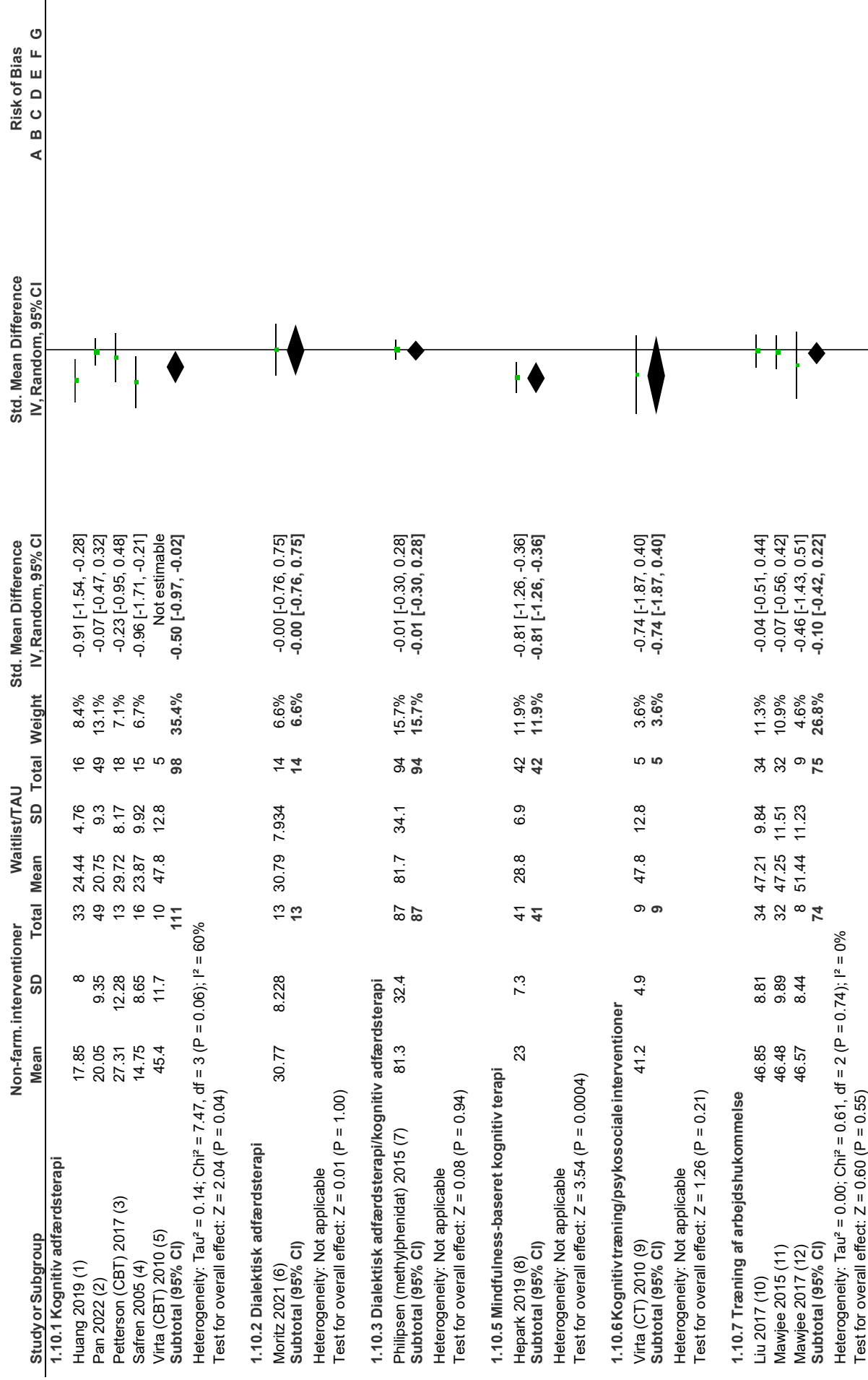
- (1) Adult Barkley Current Symptoms Scale (CSS). Skala 0-3. totalscore max 54 point. Lower is better
- (2) The Barkley ADHD Current Symptoms Scale (BCS), 0-54. lower is better
- (3) Adult ADHD Self-Report Scale version 1.1 (ASRS-v1.1), range: 0-72, lower is better
- (4) ADHD rating scale, Range 0-54 Lower is better
- (5) ASRS Adult ADHD Self-Report Scale, total sum score, 0-72, lower is better
- (6) CAARS (long version) total score, range: 0-198, lower is better
- (7) CAARS index = Conners' Adult ADHD Self-Rating Scale, ADHD index, lower is better
- (8) Adult ADHD Self-Report Scale version 1.1 (ASRS-v1.1), range: 0-72, lower is better
- (9) CAARS investigator rating version, lower is better
- (10) 10-point category scale based on the DSM IV diagnostic criteria for ADHD, range? Lower is better

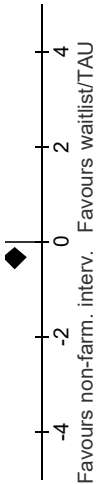
---+      -2      0      2      4  
Favours non-farm. interv.   Favours waitlist/TAU

Risk of bias legend

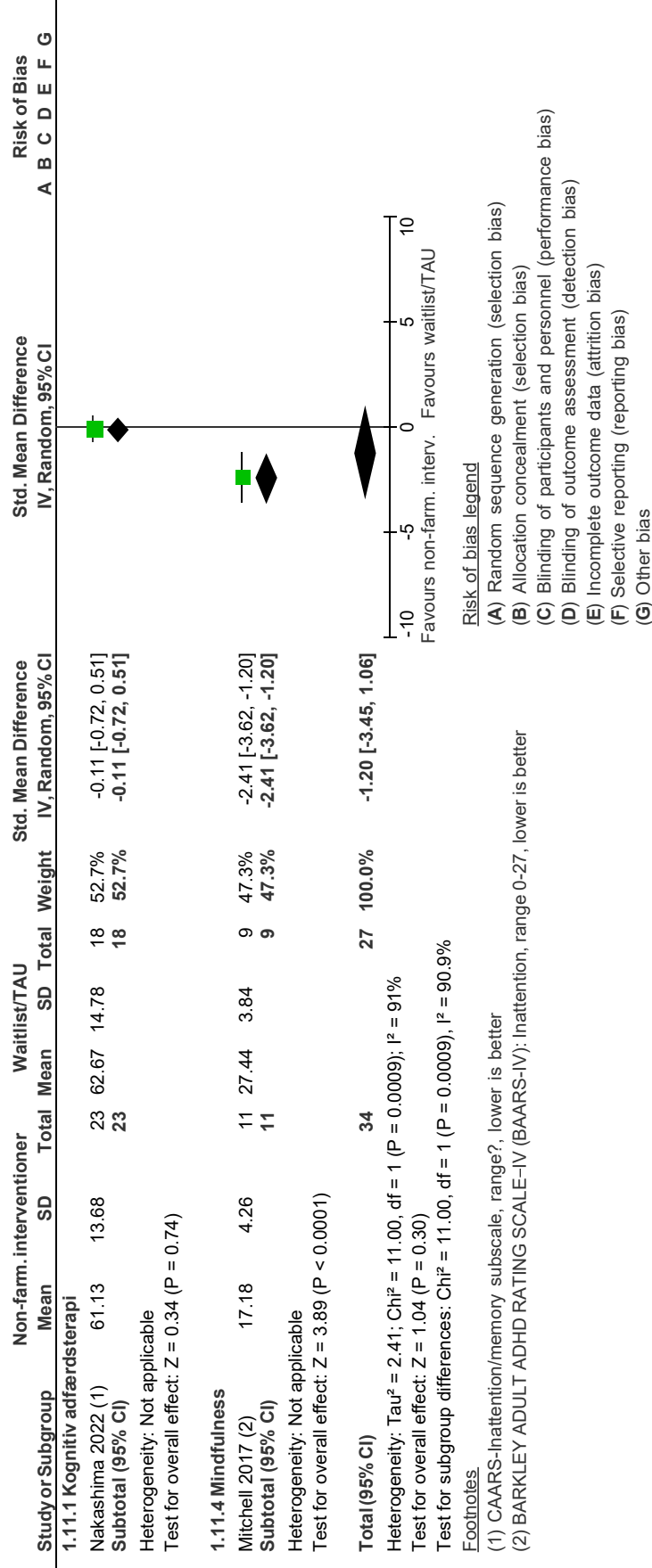
- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

## 1.10 ADHD symptomer - selvvurderet - behandlingsafslutning - SMD

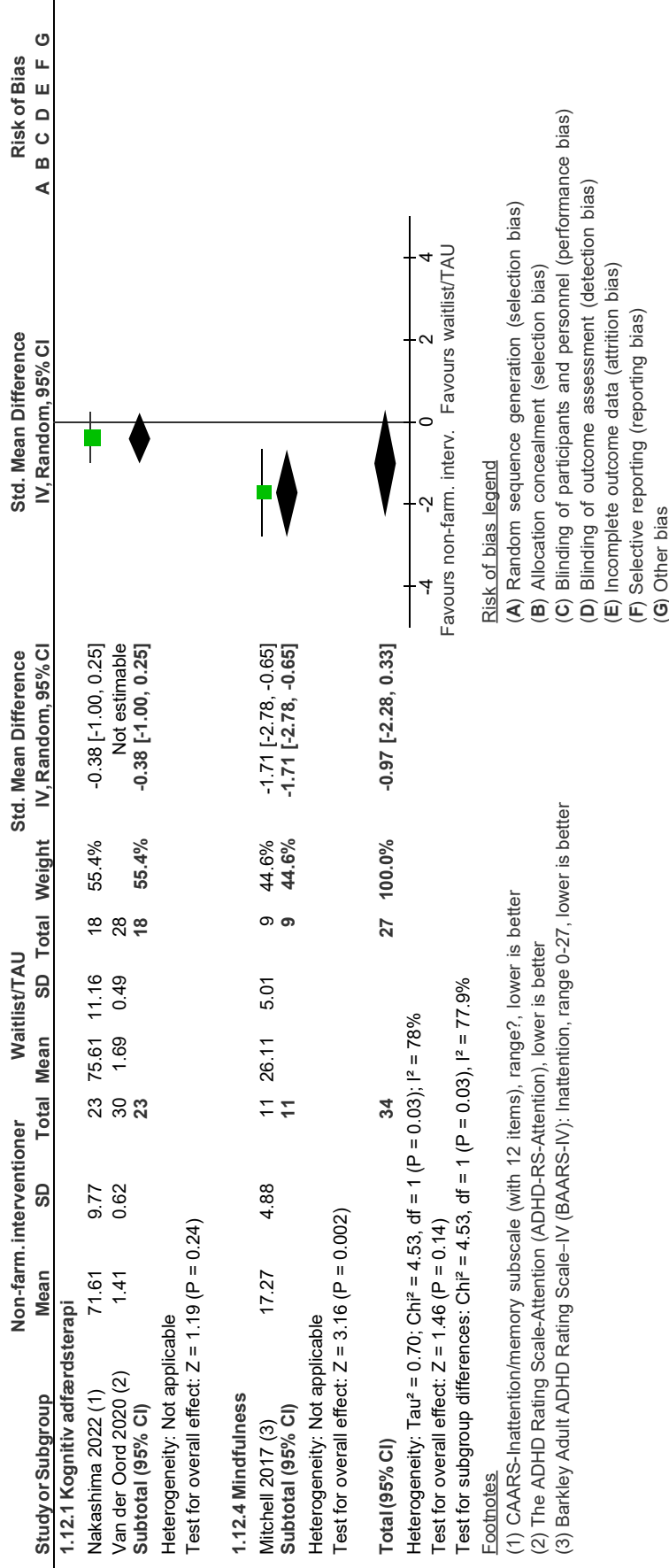


Total (95% CI)	335	328	100.0%	-0.32 [-0.56, -0.09]	
Heterogeneity: $\text{Tau}^2 = 0.07$ ; $\text{Chi}^2 = 19.54$ , $\text{df} = 10$ ( $P = 0.03$ ); $I^2 = 49\%$					
Test for overall effect: $Z = 2.70$ ( $P = 0.007$ )					
Test for subgroup differences: $\text{Chi}^2 = 11.50$ , $\text{df} = 5$ ( $P = 0.04$ ), $I^2 = 56.5\%$					
Footnotes					
(1) ADHD-Rating Scale (ADHD-RS), (18 item), range: 0-3, lower is better					(A) Random sequence generation (selection bias)
(2) ADHD-Rating Scale, lower is better					(B) Allocation concealment (selection bias)
(3) Current symptoms scale (CSS), lower is better					(C) Blinding of participants and personnel (performance bias)
(4) ADHD rating scale, Range 0-54, lower is better					(D) Blinding of outcome assessment (detection bias)
(5) ASRS - World Health Organization's Adult ADHD Self-report Scale, total score, lower is better					(E) Incomplete outcome data (attrition bias)
(6) ADHD Self Rated Scale (ASRS), lower is better					(F) Selective reporting (reporting bias)
(7) CAARS (long version) total score, range: 0-198, lower is better					(G) Other bias
(8) CAARS self-report version, lower is better					
(9) ASRS - World Health Organization's Adult ADHD Self-report Scale, total score, lower is better					
(10) Adult ADHD Self-Report Scale (ASRS), lower is better					
(11) Adult ADHD Self-Report Scale (ASRS), range: 0-72, lower is better					
(12) ADHD Self-Report Scale (ASRS), 18-item, lower is better					

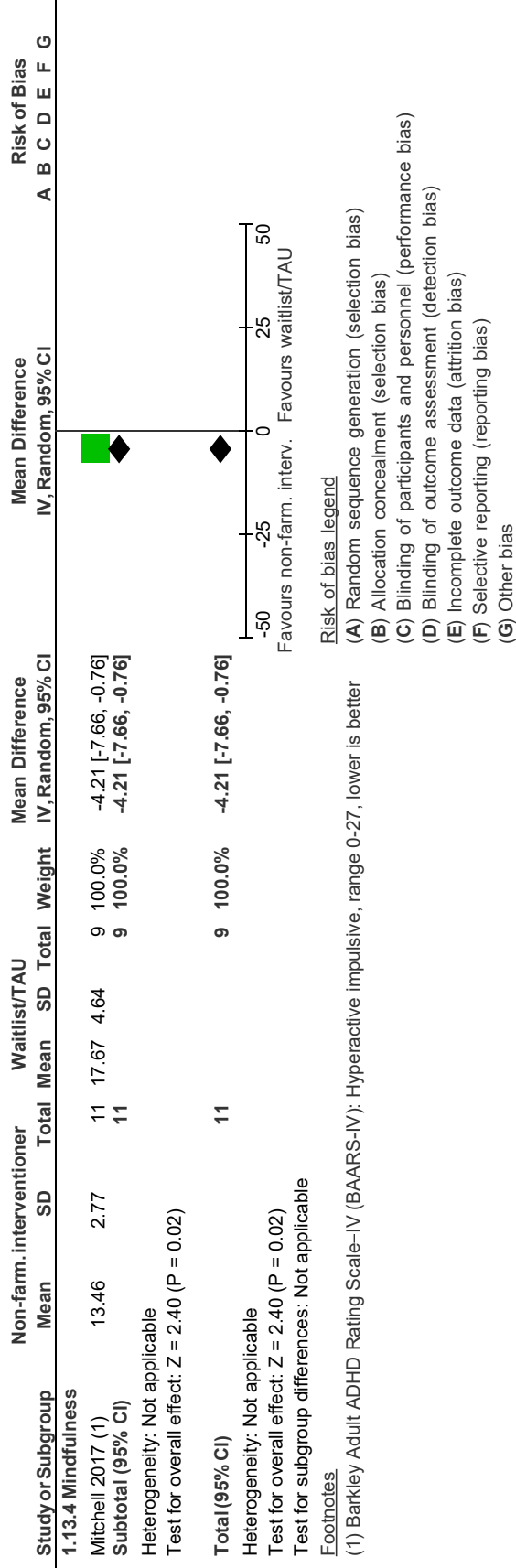
## 1.11 ADHD symptom - uopmærksomhed - observatørvurderet - behandlingsafslutning - SMD



## 1.12 ADHD symptom - uopmærksomhed - selvvurderet - behandlingsafslutning - SMD

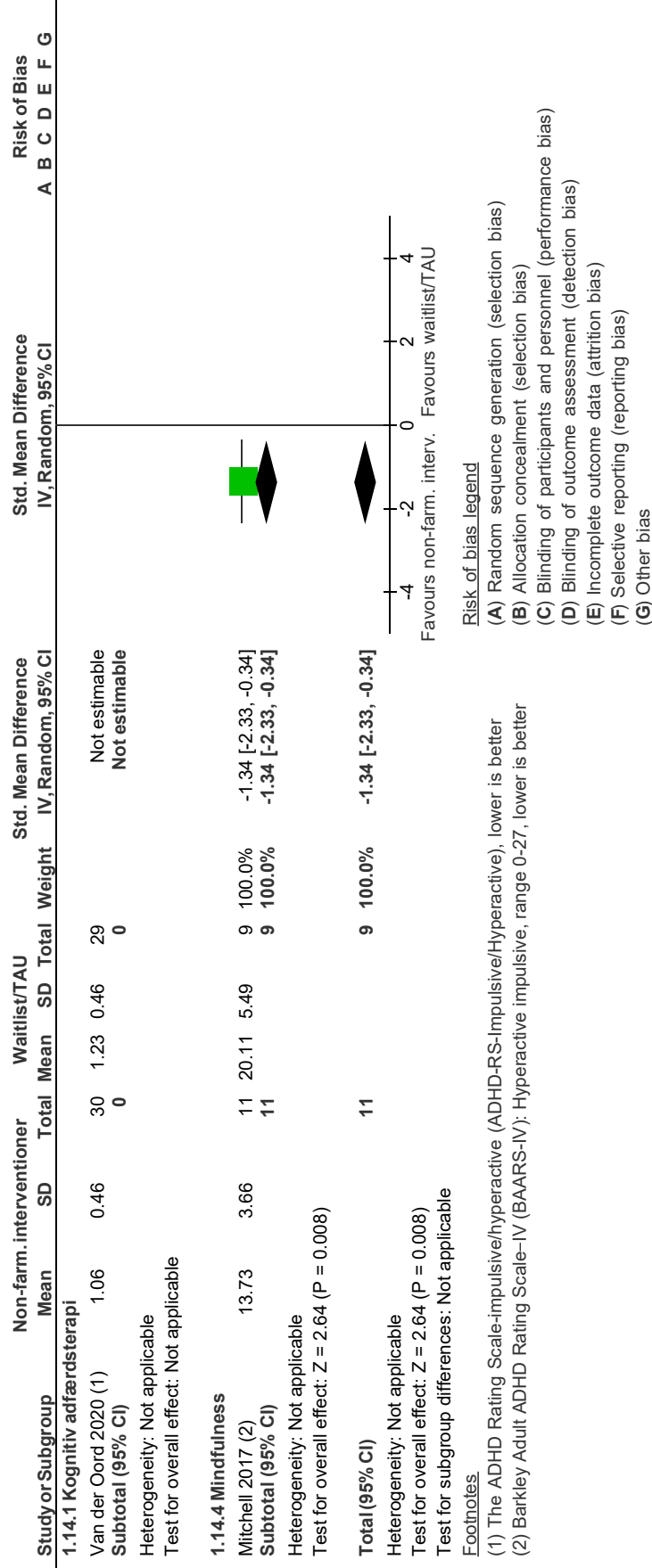


## 1.13 ADHD symptom - hyperaktiv impulsivitet - observatørvurderet - behandlingsafslutning



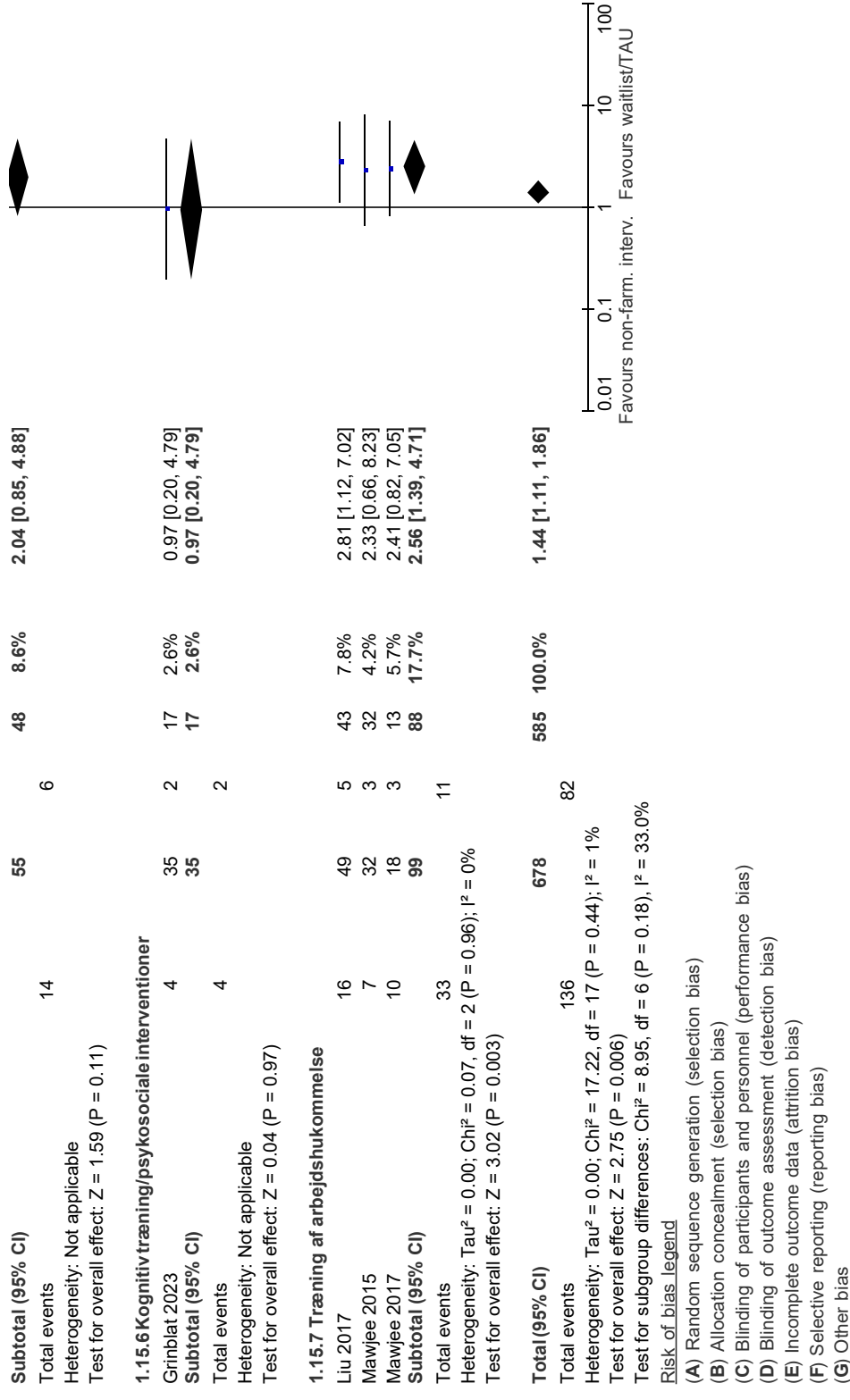


## 1.14 ADHD symptom - hyperaktiv impulsivitet - selvvurderet - behandlingsafslutning



## 1.15 Frafald - behandlingsafslutning

Study or Subgroup	Non-farm. interventioner		Waitlist/TAU		Risk Ratio		Risk Ratio		Risk of Bias						
	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	M-H, Random, 95% CI	M-H, Random, 95% CI	A	B	C	D	E	F	G
<b>1.15.1 Kognitiv adfærdsterapi</b>															
Corbisiero 2018	1	20	1	23	0.9%	1.15 [0.08, 17.22]									
Ditner 2018	2	30	2	30		Not estimable									
Emilsson 2011	7	27	10	27	10.1%	0.70 [0.31, 1.57]									
Huang 2019	10	43	6	22	8.6%	0.85 [0.36, 2.04]									
Nakashima 2022	1	24	6	24	1.6%	0.17 [0.02, 1.28]									
Nasri (CBT) 2023	4	36	1	16	1.5%	1.78 [0.22, 14.67]									
Pan 2022	5	49	2	49	2.6%	2.50 [0.51, 12.28]									
Petterson (CBT) 2017	2	13	3	18	2.5%	0.92 [0.18, 4.76]									
Safren 2005	0	16	0	15		Not estimable									
Van der Oord 2020	7	30	6	28		Not estimable									
<b>Subtotal (95% CI)</b>	<b>228</b>	<b>228</b>	<b>194</b>	<b>194</b>	<b>27.9%</b>	<b>0.85 [0.52, 1.38]</b>									
Total events	30		29												
Heterogeneity: $\tau^2 = 0.00$ ; $\chi^2 = 4.97$ , $df = 6$ ( $P = 0.55$ ); $I^2 = 0\%$															
Test for overall effect: $Z = 0.68$ ( $P = 0.50$ )															
<b>1.15.2 Dialektisk adfærdsterapi</b>															
Halmoy 2022	10	60	7	61	8.2%	1.45 [0.59, 3.56]									
Moritz 2021	3	16	1	15	1.4%	2.81 [0.33, 24.16]									
<b>Subtotal (95% CI)</b>	<b>76</b>	<b>76</b>	<b>8</b>	<b>76</b>	<b>9.6%</b>	<b>1.60 [0.70, 3.67]</b>									
Total events	13		8												
Heterogeneity: $\tau^2 = 0.00$ ; $\chi^2 = 0.31$ , $df = 1$ ( $P = 0.58$ ); $I^2 = 0\%$															
Test for overall effect: $Z = 1.11$ ( $P = 0.26$ )															
<b>1.15.3 Dialektisk adfærdsterapi/kognitiv adfærdsterapi</b>															
Philipsen (methylphenidat) 2015	35	107	24	110	31.2%	1.50 [0.96, 2.34]									
<b>Subtotal (95% CI)</b>	<b>107</b>	<b>107</b>	<b>24</b>	<b>110</b>	<b>31.2%</b>	<b>1.50 [0.96, 2.34]</b>									
Total events	35		24												
Heterogeneity: Not applicable															
Test for overall effect: $Z = 1.78$ ( $P = 0.08$ )															
<b>1.15.4 Mindfulness</b>															
Gu 2018	2	30	0	26	0.7%	4.35 [0.22, 86.79]									
Mitchell 2017	0	11	2	11	0.8%	0.20 [0.01, 3.74]									
Nasri (relaxation (2023))	5	37	0	15	0.8%	4.63 [0.27, 78.92]									
<b>Subtotal (95% CI)</b>	<b>7</b>	<b>78</b>	<b>2</b>	<b>52</b>	<b>2.4%</b>	<b>1.60 [0.21, 12.21]</b>									
Total events	7		2												
Heterogeneity: $\tau^2 = 1.00$ ; $\chi^2 = 2.91$ , $df = 2$ ( $P = 0.23$ ); $I^2 = 31\%$															
Test for overall effect: $Z = 0.45$ ( $P = 0.65$ )															
<b>1.15.5 Mindfulness-baseret kognitiv terapi</b>															
Hepark 2019	14	55	6	48	8.6%	2.04 [0.85, 4.88]									

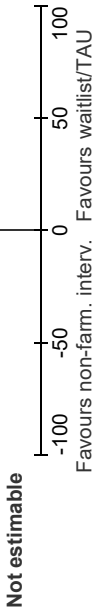


1.16 Misbrug og afhængighed - længste opfølgning (0 RCT)

Study or Subgroup	Non-farm. interventioner		Waitlist/TAU		Total Weight	Mean Difference		Risk of Bias						
	Mean	SD	Total	Mean		IV, Random	95% CI	A	B	C	D	E	F	G
Total (95% CI)			0		0									
Heterogeneity:	Not applicable													
Test for overall effect:	Not applicable													

Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias



1.17 Fravær fra arbejde - behandlingsafslutning (0 RCT)

Study or Subgroup	Non-farm. interventioner		Waitlist/TAU		Total Weight	Risk Ratio		Risk Ratio	Risk of Bias						
	Events	Total	Events	Total		M-H, Random, 95% CI	M-H, Random, 95% CI		A	B	C	D	E	F	G

Total (95% CI)

0000

Not estimable

Total events

0

0

Heterogeneity: Not applicable

Test for overall effect: Not applicable



Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

1.18 Kriminalitet - længste opfølgning (0 RCT)

Study or Subgroup	Non-farm. interventioner		Waitlist/TAU		Total Weight	Risk Ratio		Risk Ratio	Risk of Bias						
	Events	Total	Events	Total		M-H, Random, 95% CI	M-H, Random, 95% CI		A	B	C	D	E	F	G

Total (95% CI)

0000

Not estimable

Total events

0

0

Heterogeneity: Not applicable

Test for overall effect: Not applicable



Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

1.19 Ophor af medicinsk behandling - behandlingsafslutning

Study or Subgroup	Non-farm. intervention		Waitlist/TAU		Total Weight	Risk Ratio		Risk Ratio M-H, Random, 95% CI	Risk of Bias						
	Events	Total	Events	Total		M-H, Random, 95% CI	95% CI		A	B	C	D	E	F	G
Pan 2022	0	49	1	49	100.0%	0.33	[0.01, 7.99]								
Total (95% CI)		49		49	100.0%	0.33	[0.01, 7.99]								
Total events	0		1												
Heterogeneity: Not applicable															
Test for overall effect: Z = 0.68 (P = 0.50)															

Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias

1.20 Ophør af medicinsk behandling - længste follow-up

Study or Subgroup	Non-farm. interventioner		Waitlist/TAU		Total Weight	Risk Ratio		Risk Ratio	Risk of Bias						
	Events	Total	Events	Total		M-H, Random, 95% CI	M-H, Random, 95% CI		A	B	C	D	E	F	G
Pan 2022	5	49	2	49	100.0%		2.50 [0.51, 12.28]								
<b>Total (95% CI)</b>		<b>49</b>		<b>49</b>	<b>100.0%</b>		<b>2.50 [0.51, 12.28]</b>								
Total events	5		2												
Heterogeneity: Not applicable															
Test for overall effect: Z = 1.13 (P = 0.26)															

Risk of bias legend

- (A) Random sequence generation (selection bias)
- (B) Allocation concealment (selection bias)
- (C) Blinding of participants and personnel (performance bias)
- (D) Blinding of outcome assessment (detection bias)
- (E) Incomplete outcome data (attrition bias)
- (F) Selective reporting (reporting bias)
- (G) Other bias



2 PICO 2 - Ingen medicin + non-farmakologiske interventioner vs waitlist/TAU (uden medicin)