

Søgeprotokol for Nationale Kliniske Retningslinjer

Projekttitel/aspekt	NKR 29 for Diagnostik og Nonfarmakologisk Behandling af Unipolar Depression (guidelines)
Kontakt Fagkonsulent/projektleder	Nicolai Ladegaard / Malene Kristine Nielsen
Kontakt søgespecialist	Karen Tølbøl Sigaard
Senest opdateret	12.05.2015

Baggrund	<p>Unipolar depression er den hyppigst forekommende lidelse inden for det affektive spektrum. Livstidsrisikoen for at udvikle en depression skønnes at være ca. 17-18 %, og over et år vil forekomsten af depression i befolkningen være ca. 5-7 % svarende til mellem 280.000-392.000 personer.</p> <p>I den gældende ICD-10-klassifikation defineres unipolar depression som en tilstand med flere samtidige symptomer, som har været til stede det meste af tiden, næsten hver dag, i de sidste 14 dage. Symptomerne strækker sig fra lettere nedtrykthed til svære symptomer, der kan være hindrende for et almindeligt hverdagsliv.</p> <p>Behandlingen af unipolar depression varetages på tværs af sektorer og inden for såvel det almenmedicinske speciale som det psykiatriske speciale. Langt de fleste behandles i praksissektoren, og opgørelser har vist, at 4 ud 10 patienter i psykiatrisk speciallægepraksis har en depression.</p> <p>Rådet for Anvendelse af Dyr Sygehusmedicin (RADS) har udarbejdet en national behandlingsvejledning med primært fokus på farmakologisk behandling af unipolar depression, hvorfor denne NKR afgrænses til ikke-farmakologiske interventioner. På denne baggrund ønsker Sundhedsstyrelsen at give evidensbaserede anbefalinger for diagnostik og behandling med ikke-farmakologiske interventioner, såvel som supplement til den farmakologiske behandling som enkeltstående behandlingsstrategi. Herved skal den nationale kliniske retningslinje understøtte sikker og tidlig diagnostik hos mennesker med debuterende depression og relevante tilbud om ikke-farmakologisk behandling af ensartet høj kvalitet på tværs af landet.</p>
Søgetermer	<p>Engelske: depression OR mdd OR "affective disorder" OR "affective disorders" OR unipolar OR "depressive disorder" OR "depressive disorders" OR "mood disorder" OR "mood disorders"</p> <p>Danske: depression, affektiv lidelse, affektive lidelser</p> <p>Norske: depresjon, affektiv lidelse, affektive lidelser, depressiv lidelse, depressive lidelser, stemningslidelse, stemningslidelser</p> <p>Svenske: affektiv störning, affektiva störningar, depressiv</p>

	störning, depressiva störningar
Inklusions- og eksklusionskriterier	Sprog: Engelsk, dansk, norsk og svensk År: 2009-2015 Publikationstyper: guidelines

Informationskilder

Databaser	Interface	Fund	Dato for søgning
G-I-N International	Internet	58	17.04.15
NICE (UK)	Internet	13	17.04.15
National Guideline Clearinghouse (USA)	Internet	52	17.04.15
Scottish Intercollegiate Guidelines Network (SIGN)	Internet	2	17.04.15
HTA Databasen (CRD database)	Internet	78	17.04.15
SBU, Sverige	Internet	10	17.04.15
Socialstyrelsen, Sverige	Internet	1	17.04.15
Helsedirektoratet, Norge	Internet	6	17.04.15
Kunnskapssenteret, Norge	Internet	3	17.04.15
Netpunkt	Internet	25	17.04.15

Medline	OVID	45	17.04.15
EMBASE	OVID	322	17.04.15
CINAHL	EBSCO	106	17.04.15
PSYCINFO	OVID	98	17.04.15

Note:


- Guidelines fra firmaet Hayes er fravalgt for denne NKR
- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til fagkonsulenten i Covidence. For nogle af informationskilderne var det ikke muligt at eksportere referencerne til RefWorks; disse er gennemgået af fagkonsulenten i søgeprotokollen og relevante er lagt manuelt ind. De pågældende kilder er markeret med IE (Ikke Eksporteret).
- Fuldttekster præsenteres i Covidence i pdf-format eller som link
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer.
- Grundet store mængder fundne referencer, afgrænses søgningen tidsmæssigt til 2009-2015, da NICE har udgivet en guideline på emnet i 2009.
- Tre referencer er fundet af fagkonsulent; se nederst i protokollen.


Søgestrategi


G-I-N (søgt d. 17.04.15)


Fundne referencer: 58


depression OR mdd OR "affective disorder" OR "affective disorders" OR unipolar OR "depressive disorder" OR "depressive disorders" OR "mood disorder" OR "mood disorders" (dansk, engelsk, norsk, svensk; 2009-2015)


<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
47%	Antenatal and postnatal mental health (CG45)	NICE (UK) - National Institute for Health and Care Excellence	Guideline	Dec 31, 2014	United Kingdom	Under review	
12%	The long-term efficacy of psychotherapy, alone or in combination with antidepressants, in the treatment of adult major depression	KCE (BE) - Belgian Healthcare Knowledge Centre	Guideline	Oct 02, 2014	International, Belgium	Published	
37%	Bipolar disorder (CG38)	NICE (UK) - National Institute for Health and Care Excellence	Guideline	Sep 30, 2014	United Kingdom	Under review	
27%	KSUMC Evidence-Based Clinical Practice Guideline for Management of Bipolar Disorder (KSUMC CPG 1st Edition 2013): Adapted from Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) collaborative update of	EBHC KT (SA) - Chair of Evidence-based Healthcare and Knowledge translation, College of Medicine, King Saud University	Guideline	Dec 15, 2013	Saudi Arabia	Published	


<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
	CANMAT guidelines for the management of patients with bipolar disorder: Update 2013						
14%	Preventive services for children and adolescents. Institute for Clinical Systems Improvement. NGC:010044	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Sep 01, 2013	United States	Published	
15%	Preventive services for adults. Institute for Clinical Systems Improvement. NGC:010043	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Sep 01, 2013	United States	Published	
62%	Adult depression in primary care. Institute for Clinical Systems Improvement. NGC:010042	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Sep 01, 2013	United States	Published	
28%	Recommendations on screening for depression in adults. Canadian Task Force on Preventive Health Care. NGC:009852	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jun 11, 2013	Canada	Published	
13%	Routine preventive services for children and adolescents (ages 2-21). Michigan Quality Improvement Consortium. NGC:009931	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	May 01, 2013	United States	Published	
13%	Clinical Pharmacogenetics Implementation Consortium guideline for CYP2D6 and CYP2C19 genotypes and dosing of tricyclic antidepressants. Clinical Pharmacogenetics Implementation Consortium. NGC:009742	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	May 01, 2013	United States	Published	
13%	Best evidence statement (BES). Horticultural therapy for children and adolescents in residential treatment for mental health. Cincinnati	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Feb 19, 2013	United States	Published	


<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
	Children's Hospital Medical Center. NGC:009778						
10%	Occupational therapy practice guidelines for mental health promotion, prevention, and intervention for children and youth. American Occupational Therapy Association, Inc (AOTA). NGC:010074	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2013	United States	Published	
13%	Best evidence statement (BES). Psycho-social interventions for primary caregivers of newly diagnosed pediatric oncology patients. Cincinnati Children's Hospital Medical Center. NGC:009492	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Nov 28, 2012	United States	Published	
12%	Practice parameter on gay, lesbian or bisexual sexual orientation, gender nonconformity, and gender discordance in children and adolescents. American Academy of Child and Adolescent Psychiatry. NGC:009316	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Sep 01, 2012	United States	Published	
16%	Adolescent health risk behavior assessment. Michigan Quality Improvement Consortium. NGC:009445	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Sep 01, 2012	United States	Published	
14%	Practice parameter for psychodynamic psychotherapy with children. American Academy of Child and Adolescent Psychiatry. NGC:009070	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	May 01, 2012	United States	Published	
21%	Management of perinatal mood disorders (SIGN CPG 127)	SIGN (GB) - Scottish Intercollegiate Guidelines	Guideline	Mar 01, 2012	United Kingdom	Published	



<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
		Network					
42%	Psychological aspects of chronic pelvic pain. In: Guidelines on chronic pelvic pain. European Association of Urology. NGC:009430	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Feb 01, 2012	International	Published	
9%	Massachusetts Department of Developmental Services adult screening recommendations 2012. Massachusetts Department of Developmental Services. University of Massachusetts Medical School's Center for Developmental Disabilities Evaluation and Research. NGC:009211	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2012	United States	Published	
12%	Preventive activities in middle age. In: Guidelines for preventive activities in general practice, 8th edition. Royal Australian College of General Practitioners. NGC:009642	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2012	Australia	Published	
13%	Preventive activities in children and young people. In: Guidelines for preventive activities in general practice, 8th edition. Royal Australian College of General Practitioners. NGC:009641	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2012	Australia	Published	
15%	Psychosocial. In: Guidelines for preventive activities in general practice, 8th edition. Royal Australian College of General Practitioners. NGC:009648	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2012	Australia	Published	
17%	Occupational therapy practice guidelines for adults with serious mental	AHRQ (US) - Agency for Healthcare	Guideline Clearing Report	Jan 01, 2012	United States	Published	


<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
	illness. American Occupational Therapy Association, Inc. NGC:009369	Research and Quality					
58%	Depression in older adults. In: Evidence-based geriatric nursing protocols for best practice. Hartford Institute for Geriatric Nursing. NGC:009710	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2012	United States	Published	
61%	Primary care diagnosis and management of adults with depression. Michigan Quality Improvement Consortium. NGC:009007	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2012	United States	Published	
60%	Depression. University of Michigan Health System. NGC:008672	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Aug 01, 2011	United States	Published	
47%	Common mental health disorders (CG123)	NICE (UK) - National Institute for Health and Care Excellence	Guideline	May 01, 2011	United Kingdom	Published	
29%	Australian clinical practice guidelines: depression and related disorders – anxiety, bipolar disorder and puerperal psychosis – in the perinatal period. A guideline for primary health care professionals. beyondblue: the national depression initiative. NGC:009654	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Feb 01, 2011	Australia	Published	
32%	Clinical practice guidelines: depression in adolescents and young adults. beyondblue: the national depression initiative. NGC:009655	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Feb 01, 2011	Australia	Published	
26%	Depression in the long term care setting.	AHRQ (US) - Agency for	Guideline Clearing	Jan 01,	United States	Published	

<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
	American Medical Directors Association. NGC:008493	Healthcare Research and Quality	Report	2011			
38%	Cardiometabolic risk management guidelines in primary care. Qatif Primary Health Care. NGC:008626	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2011	Saudi Arabia	Published	
23%	Practice guideline for the treatment of patients with major depressive disorder, third edition. American Psychiatric Association. NGC:008093	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Oct 01, 2010	United States	Published	
51%	Depression and mania in patients with HIV/AIDS. New York State Department of Health. NGC:008645	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Oct 01, 2010	United States	Published	
33%	Rehabilitation. In: Clinical guidelines for stroke management 2010. 2005 Sep 8 (revised 2010 Sep). NGC:008108	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Sep 01, 2010	Australia	Published	
24%	Wheelchair biking for the treatment of depression. University of Iowa College of Nursing, John A. Hartford Foundation Center of Geriatric Nursing Excellence. NGC:008570	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jul 01, 2010	United States	Published	
25%	(1) Caregiving strategies for older adults with delirium, dementia and depression. (2) Caregiving strategies for older adults with delirium, dementia and depression 2010 supplement. Registered Nurses' Association of Ontario. NGC:008381	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	May 01, 2010	Canada	Published	
25%	(1) Screening for delirium, dementia and depression in older adults. (2) Screening	AHRQ (US) - Agency for Healthcare	Guideline Clearing Report	May 01, 2010	Canada	Published	

<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
	for delirium, dementia and depression in older adults 2010 supplement. Registered Nurses' Association of Ontario. NGC:008380	Research and Quality					
42%	Best evidence statement (BEST). Screening of children and adolescents for major depressive disorder (MDD). Cincinnati Children's Hospital Medical Center. NGC:007859	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Mar 12, 2010	United States	Published	
9%	(1) U.S. medical eligibility criteria for contraceptive use, 2010: adapted from the World Health Organization medical eligibility criteria for contraceptive use, 4th edition. (2) Update to CDC's U.S. medical eligibility criteria for contraceptive use, 2010: revised recommendations for the use of contraceptive methods during the postpartum period. Centers for Disease Control and Prevention. NGC:008656	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2010	United States	Published	
27%	Anxiety and depression in children and youth—diagnosis and treatment. Medical Services Commission, British Columbia. NGC:009471	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2010	Canada	Published	
30%	Non-pharmaceutical management of depression (SIGN CPG 114)	SIGN (GB) - Scottish Intercollegiate Guidelines Network	Guideline	Jan 01, 2010	United Kingdom	Published	
34%	Depression in adolescents and young adults	AHTA (AU) - Adelaide Health	Evidence report	Jan 01, 2010	Australia	Published	

<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
		Technology Assessment					
40%	Best evidence statement (BES). Treatment of children and adolescents with major depressive disorder (MDD) during the acute phase. Cincinnati Children's Hospital Medical Center. NGC:007860	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2010	United States	Published	
28%	Screening for depression in adults. U.S. Preventive Services Task Force. NGC:007507	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Dec 01, 2009	United States	Published	
17%	Unintended Weight Loss (UWL) in Older Adults. Evidence-based Nutrition Practice Guideline	AND (US) - Academy of Nutrition and Dietetics	Guideline	Oct 01, 2009	United States	Published	
25%	Depression in adults with a chronic physical health problem. Treatment and management. National Collaborating Centre for Mental Health. NGC:007599	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Oct 01, 2009	United Kingdom	Published	
29%	Depression. The treatment and management of depression in adults. National Collaborating Centre for Mental Health. NGC:007598	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Oct 01, 2009	United Kingdom	Published	
53%	Depression with a chronic physical health problem (CG91)	NICE (UK) - National Institute for Health and Care Excellence	Guideline	Oct 01, 2009	United Kingdom	Published	
62%	Depression in adults (update) (CG90)	NICE (UK) - National Institute for Health and Care Excellence	Guideline	Oct 01, 2009	United Kingdom	Published	

Relevance	Title	Organisation	Type	Date	Relevant Countries	Status	
27%	Clinical practice guideline on major depression in childhood and adolescence. Galician Health Technology Assessment Agency. NGC:008276	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jul 01, 2009	Sweden	Published	
Relevance	Title	Organisation	Type	Date	Relevant Countries	Status	
41%	VA/DoD clinical practice guideline for management of major depressive disorder (MDD). Department of Defense. Department of Veterans Affairs. Veterans Health Administration. NGC:007711	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	May 01, 2009	United States	Published	
53%	Screening and treatment for major depressive disorder in children and adolescents: U.S. Preventive Services Task Force recommendation statement. United States Preventive Services Task Force. NGC:007170	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Apr 01, 2009	United States	Published	
9%	Practice guidelines for the prevention, detection, and management of respiratory depression associated with neuraxial opioid administration. An updated report by the American Society of Anesthesiologists Task Force on Neuraxial Opioids. American Society of Anesthesiologists. NGC:007426	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Feb 01, 2009	United States	Published	
25%	AAFP guideline for the detection and management of post-myocardial infarction depression. American Academy of Family Physicians.	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Feb 01, 2009	United States	Published	

<u>Relevance</u>	<u>Title</u>	<u>Organisation</u>	<u>Type</u>	<u>Date</u>	<u>Relevant Countries</u>	<u>Status</u>	
	NGC:008078						
53%	Nasjonale retningslinjer for diagnostisering og behandling av voksne med depresjon i primær- og spesialisthelsetjenesten [National guideline on diagnosis and management of depression in adults in primary and secondary care]	Hdir (NO) - Norwegian Directorate for Health	Guideline	Jan 01, 2009	Norway	Published	
55%	Mood, memory, and cognition. In: Menopause and osteoporosis update 2009. Society of Obstetricians and Gynaecologists of Canada. NGC:006974	AHRQ (US) - Agency for Healthcare Research and Quality	Guideline Clearing Report	Jan 01, 2009	Canada	Published	
13%	Caregiving Strategies for Older Adults with Delirium, Dementia and Depression	RNAO (CA) - Registered Nurses' Association of Ontario	Guideline	None	International	Under review	
13%	Screening for Delirium, Dementia and Depression in the Older Adult	RNAO (CA) - Registered Nurses' Association of Ontario	Guideline	None	International	Under review	

NICE (søgt d. 17.04.15) (IE)

Fundne referencer: 13

Browset: depression (2009-2015)

Common mental health disorders: Identification and pathways to care

NICE guidelines [CG123] Published date: May 2011

Review decision date: **February 2014**

Review decision:

Following consultation with stakeholders this guideline has now been placed on the [static list](#).

Next review date: TBC

- [Go straight to the recommendations](#)
- [Evidence used to create this guideline \(full guideline\)](#)

This clinical guideline offers evidence-based advice on the care and treatment of adults who have common mental health disorders, with a particular focus on primary care. It brings together advice from existing guidelines and combines it with new recommendations on access to care, assessment and developing local care pathways for common mental health disorders. Common mental health disorders include depression, generalised anxiety disorder, panic disorder, obsessive-compulsive disorder, post-traumatic stress disorder and social anxiety disorder.

Depression in adults: The treatment and management of depression in adults

NICE guidelines [CG90] Published date: October 2009

Review decision date: **December 2013**

Review decision:

Following the [recent surveillance review decision](#), which checks the need to update CG90, an update will be scheduled into the work programme. Details of the update will be available on the [guidelines in development webpage](#) in due course. No further checks of this guideline will be scheduled until this update is published.

Next review date: **March 2015**

- [Go straight to the recommendations](#)
- [Evidence used to create this guideline \(full guideline\)](#)

This guideline is published alongside ‘Depression in adults with a chronic physical health problem: treatment and management’ ([NICE clinical guideline 91](#)), which makes recommendations on the identification, treatment and management of depression in adults aged 18 years and older who also have a chronic physical health problem.

- This guideline updates and replaces [NICE clinical guideline 23](#) (2004; amended 2007).

Depression in adults with a chronic physical health problem: Treatment and management

NICE guidelines [CG91] Published date: October 2009

Review decision date: **October 2012**

Review decision:

This guideline should not be updated at this time. For further information, please refer to the [surveillance review decision](#).

This guideline will shortly be checked to see if it needs updating, please register as a stakeholder to be informed about the decision.

Next review date: **June 2015**

- [Go straight to the recommendations](#)
- [Evidence used to create this guideline \(full guideline\)](#)

This guideline is published alongside ‘Depression: the treatment and management of depression in adults (update)’ ([NICE clinical guideline 90](#)), which makes recommendations on the identification, treatment and management of depression in adults aged 18 years and older, in primary and secondary care.

This guideline (and CG90) update recommendations made in NICE [technology appraisal guidance 97](#) for the treatment of depression only. The guidance in TA97 remains unchanged for the use of CCBT in the treatment of panic and phobia and obsessive compulsive disorder.

Depression in children and young people: Identification and management in primary, community and secondary care

NICE guidelines [CG28] Published date: March 2015

Review decision date: **October 2013**

Review decision:

We checked this guideline and decided that it should be updated. For details, see the [update decision](#) and the [process for deciding if an update is needed](#). The update has been published (March 2015) with further information available on this page.

Next review date: **June 2015**

- [Go straight to the recommendations](#)
- [Evidence used to create this guideline \(full guideline\)](#)

The NICE clinical guideline on depression in children and young people covers:

- the care children and young people with depression can expect to get from their doctor, nurse or counsellor
- the information they can expect to be given
- what they can expect from treatment

- the kinds of services that can help young people and children with depression, including your family doctor (general practitioner or GP), health staff at your school, and specialists in clinics or hospitals

March 2015

Recommendations on psychological therapies and antidepressants have been added to and updated in sections 1.5 and 1.6. The [addendum](#) contains details of the methods and evidence used to update these recommendations.

Depression in adults quality standard

NICE quality standard [QS8] Published date: March 2011

This NICE quality standard defines clinical best practice within this topic area. It provides specific, concise quality statements, measures and audience descriptors to provide patients and the public, health and social care professionals, commissioners and service providers with definitions of high-quality care.

This quality standard covers the assessment and clinical management of persistent subthreshold depressive symptoms, or mild, moderate or severe depression in adults (including people with a chronic physical health problem).

Note: NICE is aware that there is a wider social context to depression that this quality standard does not directly address but which is acknowledged in the development of this standard. The focus of the standard is on the clinical assessment and management of depression and persistent subthreshold depressive symptoms.

Depression in children and young people

NICE quality standard [QS48] Published date: September 2013

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

NICE quality standards are derived from high quality guidance such as that from NICE or other sources accredited by NICE.

This quality standard covers the diagnosis and management of depression in children and young people aged 5 up to their 18th birthday.

Commissioning stepped care for people with common mental health disorders

NICE commissioning guides [CMG41] Published date: November 2011

1 Executive Summary

This guide for commissioners on common mental health disorders is a resource to help commissioners, clinicians and managers commission high-quality and evidence-based services across England.

Reducing the prevalence of common mental health disorders is a major public health concern. In 2007 the annual cost to treat depression and anxiety disorders in England was nearly £3 billion, with an additional economic impact of around £13 billion in lost earnings among people of working age.

The guide highlights the benefits of a partnership approach to commissioning services for people with common mental health disorders (see section 3.1). It also recommends commissioning for outcomes (see section 3.3) – principally increasing the proportion of people with common mental health disorders who are identified, assessed and receive treatment in accordance with NICE guidance, and the proportion that go on to make a clinically significant improvement or recover.

It is estimated that around 17.7% of adults aged 18 and older meet the diagnostic criteria for at least one common mental health disorder. Section 4 will help commissioners determine local service levels for people with common mental health disorders by considering prevalence and a range of demographic factors that may affect local need.

Section 5 of the guide provides support for commissioners to commission services using the stepped care model:

- Chapter 5.1 helps commissioners to specify step 1 services for people presenting with known or suspected common mental health disorders.
- Chapter 5.2 helps commissioners to specify step 2 services for people with subthreshold, mild and moderate common mental health disorders.
- Chapter 5.3 helps commissioners to specify step 3 services for people with moderate to severe common mental health disorders.
- Chapter 5.4 helps commissioners to specify step 4 services for people with severe functional impairment or complex mental health disorders.

Section 5.5 offers examples of service models, including case studies and ideas for using Quality, Innovation, Productivity and Prevention (QIPP) and Commissioning for Quality and Innovation (CQUIN) to drive improvements to common mental health disorder services. There is also an outline service specification (see section 6) to assist commissioners when tendering or contract managing common mental health disorder services.

The guide contains a [commissioning and benchmarking tool](#) that can be used to calculate the costs of commissioning or redesigning local common mental health disorder services. The tool identifies a number of primary and secondary care costs that may be avoided by commissioning common mental health disorder services.

Agomelatine for the treatment of major depressive episodes (terminated appraisal)

NICE technology appraisal guidance [TA231] Published date: July 2011

NICE is unable to recommend the use in the NHS of agomelatine for the treatment of major depressive episodes because no evidence submission was received from the manufacturer or sponsor of the technology.

First-choice antidepressant use in adults with depression or generalised anxiety disorder

NICE advice [KTT8] Published date: January 2015

This document summarises the evidence-base on **first-choice antidepressant use in adults with depression or generalised anxiety disorder**. It is a key therapeutic topic which has been identified to support Medicines Optimisation. It is **not formal NICE guidance**.

Vagus nerve stimulation for treatment-resistant depression

NICE interventional procedure guidance [IPG330] Published date: December 2009

The National Institute for Health and Clinical Excellence (NICE) has issued full guidance to the NHS in England, Wales, Scotland and Northern Ireland on Vagus nerve stimulation for treatment-resistant depression.

• Description

Depression is associated with feelings of sadness, despair, helplessness, hopelessness and lack of interest in life. People with severe depression may be unable to eat or sleep or to take part in social activities, and they may become completely withdrawn. Vagus nerve stimulation aims to improve mood regulation and reduce depression by stimulating the nerve in the neck that carries signals to the brain areas involved. A generator implanted under the skin in the chest area is used to provide electrical stimulation to the nerve.

• OPCS4.6 Code(s)

A33.1 Introduction of neurostimulator into cranial nerve

Z04.4 Vagus nerve (x)

*In addition an ICD-10 code from category **F32 Depressive episode** or **F33 Recurrent depressive disorder** is assigned.*

The NHS Classifications Service of NHS Connecting for Health is the central definitive source for clinical coding guidance and determines the coding standards associated with the classifications (OPCS-4 and ICD-10) to be used across the NHS. The NHS Classifications Service and NICE work collaboratively to ensure the most appropriate classification codes are provided. www.connectingforhealth.co.uk/clinicalcoding

Depression in adults (update)

Anticipated publication date: May 2017

Depression in adults: The treatment and management of depression in adults (update)

Status

In progress

Anticipated publication date

May 2017

Process

CG

Provisional Schedule

Scoping workshop: 12 February 2015

Consultation on draft scope with stakeholders: 02 March - 30 March 2015

Consultation on draft guideline with stakeholders: 07 November - 19 December 2016

Publication date: May 2017

Project Team

Centre for clinical practice
lead:

Christine Carson

Communications manager:

Alice Law

Guidelines commissioning
manager:

Clifford Middleton

Guidelines coordinator:

Rebecca Pye

Patient involvement lead:

Erin Whittingham

Guidelines Development
Group:

The Guideline Development Group (GDG) oversees the
development process.

Email enquiries

- If you have any queries please email nice@nice.org.uk

Major depressive disorder - vortioxetine [ID583]

Anticipated publication date: September 2015

Vortioxetine for treating major depressive disorder

Status

In development

Anticipated publication date

September 2015

Process

STA

Topic area

- Mental health and behavioural conditions
- Public health

Provisional Schedule

Closing date for invited submissions / evidence submission: 6 February 2015

1st appraisal committee meeting:

14 May 2015

Project Team

Associate Director: Elisabeth George

Technical Lead: Ella Fields

Communications manager: Alice Law

Project manager: [Jeremy Powell](#)

Technical Advisor: Nicola Hay

Transcranial direct current stimulation (TDCS) for depression

Anticipated publication date: TBC

NICE has been notified about this procedure and is developing guidance on it.

The Interventional Procedures Advisory Committee (IPAC) will consider this procedure and NICE will issue an interventional procedures consultation document about its safety and efficacy for 4 weeks' public consultation. IPAC will then review the consultation document in light of the comments received, and produce a final interventional procedures document, which will be considered by NICE before guidance is issued to the NHS in England, Wales, Scotland and Northern Ireland.

If you would like to be alerted to developments about this procedure, including the release of the consultation document, please register your interest on the tab to the left of this page.

Anticipated publication date

TBC

Description

Depression is a common disorder, characterised by persistent sadness, loss of interest or pleasure, feelings of guilt or low self-worth, disturbed sleep, appetite and libido, feelings of tiredness and poor concentration. Depression is often accompanied by feelings of hopelessness and suicidal thoughts. Depression can last from weeks to years, and can be recurrent, substantially impairing an individual's ability to function at work or cope with daily life. Treatments for depression include a range of psychological therapies and antidepressant medications. In severe depression electroconvulsive therapy is sometimes used.

National Guideline Clearinghouse (søgt d. 17.04.15) (IE)

Fundne reference: 52

Guidelines by Topic

[Disease/Condition](#) > [Psychiatry and Psychology](#) (409) > [Mental Disorders](#) (280) >

Mood Disorders (54)

Narrow:

[Affective Disorders, Psychotic](#) (15)

[Depressive Disorder](#) (41)

Mood Disorders and 'depression or mdd or "affective disorder" or "affective disorders" or unipolar or "depressive disorder" or "depressive disorders" or "mood disorder" or "mood disorders"' (2009-2015)

- | | | |
|----|---|---|
| 1. | <u>Bipolar disorder: the assessment and management of bipolar disorder in adults, children and young people in primary and secondary care.</u> 2003 Sep (revised 2014 Sep). NGC:010556
National Collaborating Centre for Mental Health - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 2. | <u>Evidence-based guideline: assessment and management of psychiatric disorders in individuals with MS. Report of the Guideline Development Subcommittee of the American Academy of Neurology.</u> 2014 Jan 14. NGC:010200
American Academy of Neurology - Medical Specialty Society. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 3. | <u>Primary care diagnosis and management of adults with depression.</u> 2004 Jan (revised 2014 Jan). NGC:010234
Michigan Quality Improvement Consortium - Professional Association. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 4. | <u>Mental illness & stress.</u> 2004 (revised 2013 Nov 18). NGC:010123
Work Loss Data Institute - For Profit Organization. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 5. | <u>Adult depression in primary care.</u> 1996 Jan (revised 2013 Sep). NGC:010042
Institute for Clinical Systems Improvement - Nonprofit Organization. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 6. | <u>Aripiprazole for treating moderate to severe manic episodes in adolescents with bipolar I disorder.</u> 2013 Jul. NGC:009972
National Institute for Health and Care Excellence (NICE) - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 7. | <u>Recommendations on screening for depression in adults.</u> 2005 Jan (revised 2013 Jun). NGC:009852
Canadian Task Force on Preventive Health Care - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |

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| 8. | Healthy lifestyles. 2008 Mar (revised 2013 May). NGC:009897
Institute for Clinical Systems Improvement - Nonprofit Organization. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 9. | Traumatic brain injury medical treatment guidelines. 2012 Nov 26.
NGC:009598
Colorado Division of Workers' Compensation - State/Local Government Agency [U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 10. | Practice parameter on gay, lesbian or bisexual sexual orientation, gender nonconformity, and gender discordance in children and adolescents. 2012 Sep. NGC:009316
American Academy of Child and Adolescent Psychiatry - Medical Specialty Society. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 11. | Canadian HIV pregnancy planning guidelines. 2012 Jun. NGC:009153
Society of Obstetricians and Gynaecologists of Canada - Medical Specialty Society. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 12. | Diagnosis and treatment of depression in adults: 2012 clinical practice guideline. 2004 Apr (revised 2012 Jun). NGC:009575
Kaiser Permanente Care Management Institute - Managed Care Organization. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 13. | EFNS guidelines on the clinical management of amyotrophic lateral sclerosis (MALS) — revised report of an EFNS task force. 2005 Dec (revised 2012 Mar). NGC:009358
European Academy of Neurology - Medical Specialty Society. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 14. | Management of perinatal mood disorders. A national clinical guideline. 2002 Jun (revised 2012 Mar). NGC:009026
Scottish Intercollegiate Guidelines Network - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 15. | The 2012 hormone therapy position statement of The North American Menopause Society. 2002 Oct 6 (revised 2012 Mar). NGC:008998
The North American Menopause Society - Nonprofit Organization. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 16. | Psychological aspects of chronic pelvic pain. In: Guidelines on chronic pelvic pain. 2008 Mar (revised 2012 Feb). NGC:009430
European Association of Urology - Medical Specialty Society. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 17. | Assessing cognitive functioning. In: Evidence-based geriatric nursing protocols for best practice. 2003 (revised 2012). NGC:009705
Hartford Institute for Geriatric Nursing - Academic Institution. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 18. | Depression in older adults. In: Evidence-based geriatric nursing protocols for best practice. 2003 (revised 2012). NGC:009710 | Compare
Selected |

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|-----|---|---|
| | Hartford Institute for Geriatric Nursing - Academic Institution. View all guidelines by the developer(s) | <input type="checkbox"/> |
| 19. | Depression. 2004 Mar (revised 2012 Jan). NGC:009525
Singapore Ministry of Health - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 20. | Occupational therapy practice guidelines for adults with serious mental illness. 2012.
NGC:009369
American Occupational Therapy Association, Inc. - Professional Association. View all guidelines by the developer(s) | |
| 21. | Bipolar disorder. 2011 Nov. NGC:009526
Singapore Ministry of Health - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 22. | Guidelines of the American Thyroid Association for the diagnosis and management of thyroid disease during pregnancy and postpartum. 2011 Oct. NGC:009019
American Thyroid Association - Professional Association. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 23. | Palliative care for the patient with incurable cancer or advanced disease. Part 3: grief and bereavement. 2011 Sep 30. NGC:009462
Family Practice Oncology Network - Professional Association; Medical Services Commission, British Columbia - State/Local Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 24. | Depression. 1998 Jun (revised 2011 Aug). NGC:008672
University of Michigan Health System - Academic Institution. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 25. | Common mental health disorders. Identification and pathways to care. 2011 May. NGC:008755
National Collaborating Centre for Mental Health - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 26. | Australian clinical practice guidelines: depression and related disorders – anxiety, bipolar disorder and puerperal psychosis – in the perinatal period. A guideline for primary health care professionals. 2011 Feb. NGC:009654
beyondblue: the national depression initiative - Nonprofit Organization. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 27. | Clinical practice guidelines: depression in adolescents and young adults. 2011 Feb. NGC:009655
beyondblue: the national depression initiative - Nonprofit Organization. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |
| 28. | Cardiometabolic risk management guidelines in primary care. 2008 (revised 2011). NGC:008626
Qatif Primary Health Care - National Government Agency [Non-U.S.]. View all guidelines by the developer(s) | Compare
Selected
<input type="checkbox"/> |

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| 29. | <p><u>Dementia. Diagnosis and treatment.</u> 2011. NGC:008442
 Regione Toscana, Consiglio Sanitario Regionale - State/Local Government Agency [Non-U.S.]. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 30. | <p><u>Depression in the long term care setting.</u> 2003 (revised 2011). NGC:008493
 American Medical Directors Association - Professional Association. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 31. | <p><u>Generalised anxiety disorder and panic disorder (with or without agoraphobia) in adults. Management in primary, secondary and community care.</u> 2004 Dec (revised 2011 Jan). NGC:008660
 National Collaborating Centre for Mental Health - National Government Agency [Non-U.S.]; National Collaborating Centre for Primary Care - National Government Agency [Non-U.S.]. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 32. | <p><u>Nursing management of the patient with multiple sclerosis.</u> 2011. NGC:009286
 American Association of Neuroscience Nurses - Professional Association; Association of Rehabilitation Nurses - Professional Association; International Organization of Multiple Sclerosis Nurses - Professional Association. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 33. | <p><u>Operative vaginal delivery.</u> 2000 Oct (revised 2011 Jan). NGC:008285
 Royal College of Obstetricians and Gynaecologists - Medical Specialty Society. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 34. | <p><u>Depression and mania in patients with HIV/AIDS.</u> 2005 Feb (revised 2010 Oct). NGC:008645
 New York State Department of Health - State/Local Government Agency [U.S.]. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 35. | <p><u>Practice guideline for the treatment of patients with major depressive disorder, third edition.</u> 1993 (revised 2010 Oct). NGC:008093
 American Psychiatric Association - Medical Specialty Society. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 36. | <p><u>Eating disorders during pregnancy and postpartum.</u> 2007 May 3 (revised 2010 Sep 16). NGC:008251
 University of Arkansas for Medical Sciences, ANGELS (Antenatal & Neonatal Guidelines, Education and Learning System) - Academic Institution. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 37. | <p><u>Rehabilitation. In: Clinical guidelines for stroke management 2010.</u> 2005 Sep 8 (revised 2010 Sep). NGC:008108
 National Stroke Foundation (Australia) - Nonprofit Organization. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 38. | <p><u>Wheelchair biking for the treatment of depression.</u> 2003 Feb (revised 2010 July). NGC:008570
 University of Iowa College of Nursing, John A. Hartford Foundation Center of Geriatric Nursing Excellence - Academic Institution. View all guidelines by the developer(s)</p> | Compare
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<input type="checkbox"/> |



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| 39. | <p><u>Management of patients with stroke: rehabilitation, prevention and management of complications, and discharge planning. A national clinical guideline.</u> 2002 Nov (revised 2010 Jun). NGC:007955
 Scottish Intercollegiate Guidelines Network - National Government Agency [Non-U.S.]. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 40. | <p><u>(1) Caregiving strategies for older adults with delirium, dementia and depression. (2) Caregiving strategies for older adults with delirium, dementia and depression 2010 supplement.</u> 2004 Jun (addendum released 2010 May). NGC:008381
 Registered Nurses' Association of Ontario - Professional Association. View all guidelines by the developer(s)</p> | |
| 41. | <p><u>(1) Screening for delirium, dementia and depression in older adults. (2) Screening for delirium, dementia and depression in older adults 2010 supplement.</u> 2003 Nov (addendum released 2010 May). NGC:008380
 Registered Nurses' Association of Ontario - Professional Association. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 42. | <p><u>VA/DoD clinical practice guideline for management of bipolar disorder in adults.</u> 2010 May. NGC:007865
 Department of Defense - Federal Government Agency [U.S.]; Department of Veterans Affairs - Federal Government Agency [U.S.]; Veterans Health Administration - Federal Government Agency [U.S.]. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 43. | <p><u>Best evidence statement (BES). Screening of children and adolescents for major depressive disorder (MDD).</u> 2010 Mar 12. NGC:007859
 Cincinnati Children's Hospital Medical Center - Hospital/Medical Center. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 44. | <p><u>Advice on the safe introduction and continued use of isotretinoin in acne in the U.K. 2010.</u> 2003 (revised 2010 Mar). NGC:008098
 British Association of Dermatologists - Medical Specialty Society. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 45. | <p><u>Anxiety and depression in children and youth—diagnosis and treatment.</u> 2010 Jan 1. NGC:009471
 Medical Services Commission, British Columbia - State/Local Government Agency [Non-U.S.]. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 46. | <p><u>Best evidence statement (BES). Treatment of children and adolescents with major depressive disorder (MDD) during the acute phase.</u> 2010 Jan 1. NGC:007860
 Cincinnati Children's Hospital Medical Center - Hospital/Medical Center. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 47. | <p><u>Non-pharmaceutical management of depression in adults. A national clinical guideline.</u> 2010 Jan. NGC:007641
 Scottish Intercollegiate Guidelines Network - National Government Agency [Non-U.S.]. View all guidelines by the developer(s)</p> | Compare
Selected
<input type="checkbox"/> |
| 48. | <p><u>AAFP guideline for the detection and management of post-myocardial infarction depression.</u> 2009 Jan (reaffirmed 2014). NGC:008078</p> | Compare
Selected |

- American Academy of Family Physicians - Medical Specialty Society. [View all guidelines by the developer\(s\)](#) ☐
49. [Use of psychiatric medications during pregnancy and lactation.](#) 2008 Apr (reaffirmed 2012). NGC:006421
American College of Obstetricians and Gynecologists - Medical Specialty Society. [View all guidelines by the developer\(s\)](#) ☐ Compare Selected
50. [Putting evidence into practice: interventions for depression.](#) 2008 Feb 1 (reaffirmed 2011). NGC:007731
Oncology Nursing Society - Professional Association. [View all guidelines by the developer\(s\)](#) ☐ Compare Selected
51. [Cross-continuum topics in stroke management. In: Canadian best practice recommendations for stroke care.](#) 2006 (revised 2010 Dec 8). NGC:008616
Canadian Stroke Network - Disease Specific Society; Heart and Stroke Foundation of Canada - Disease Specific Society. [View all guidelines by the developer\(s\)](#) ☐ Compare Selected
52. [Preventive activities in children and young people. In: Guidelines for preventive activities in general practice, 8th edition.](#) 2012. NGC:009641
Royal Australian College of General Practitioners - Professional Association. [View all guidelines by the developer\(s\)](#)

SIGN (søgt d. 17.04.15) (IE)

Browset: guidelines → guidelines by topic → mental health → guidelines fra 2009-2015 med et af følgende ord i titlen: depression, mdd, affective disorder, affective disorders, unipolar, depressive disorder, depressive disorders, mood disorder, mood disorders

Fundne referencer: 2

127	Management of perinatal mood disorders	March 2012	
114	Non-pharmaceutical management of depression	January 2010	

HTA Database (CRD database) (søgt d. 17.04.15)

Fundne referencer: 78

Results for: (depression OR mdd OR affective disorder OR affective disorders OR unipolar OR depressive disorder OR depressive disorders OR mood disorder OR mood disorders):TI IN HTA FROM 2009 TO 2015

Year	Database	Source	Title
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2015	HTA	Queen's Printer for Ontario	Cognitive-behavioural therapy for anxiety and depression in patients with chronic obstructive pulmonary disease (COPD): a rapid review [Preview]
2014	HTA	Agency for Healthcare Research and Quality (AHRQ)	Antidepressant treatment of depression during pregnancy and the postpartum period [Preview]
2014	HTA	Canadian Agency for Drugs and Technologies in Health (CADTH)	Aripiprazole (Abilify — Bristol-Myers Squibb Canada) new indication: major depressive disorder [Preview]
2014	HTA	NIHR Health Technology Assessment programme	Clinical effectiveness and cost-effectiveness of cognitive behavioural therapy as an adjunct to pharmacotherapy for treatment-resistant depression in primary care: the CoBaLT randomised controlled trial [Preview]
2014	HTA	NIHR Health Technology Assessment programme	Folate Augmentation of Treatment – Evaluation for Depression (FolATED): randomised trial and economic evaluation [Preview]
2014	HTA	Galician Agency for Health Technology Assessment (AVALIA-T)	[How to improve the management of depression? A qualitative approach] [Preview]
2014	HTA	The Swedish Council on Health Technology Assessment (SBU)	[Role of the work environment in the development of symptoms of depression and burnout] [Preview]
2014	HTA	Belgian Health Care Knowledge Centre (KCE)	The long-term efficacy of psychotherapy, alone or in combination with antidepressants, in the treatment of adult major depression. [Preview]
2014	HTA	HAYES, Inc.	Transcranial direct current stimulation for depression [Preview]
2014	HTA	BlueCross BlueShield Association (BCBS)	Transcranial Magnetic Stimulation for Depression [Preview]
2014	HTA	HAYES, Inc.	Transcranial magnetic stimulation for treatment-resistant depression [Preview]
2014	HTA	HAYES, Inc.	Transcranial Magnetic Stimulation (TMS) to enhance pharmacotherapy for depression [Preview]
2013	HTA	NIHR Health Technology Assessment programme	A cluster randomised controlled trial to determine the clinical effectiveness and cost-effectiveness of classroom-based cognitive-behavioural therapy (CBT) in reducing symptoms of depression in high-risk adolescents [Preview]
2013	HTA	Institut fuer Qualitaet und Wirtschaftlichkeit im Gesundheitswesen (IQWiG)	[Analytic Hierarchy Process (AHP): pilot project to elicit patient preferences in the indication "depression"] [Preview]
2013	HTA	Health Quality Ontario (HQP)	Deep brain stimulation for treatment-resistant depression: a preliminary evidence review [Preview]
2013	HTA	Agency for Healthcare Research and Quality (AHRQ)	Efficacy and safety of screening for postpartum depression [Preview]

2013	HTA	NIHR Health Technology Assessment programme	Exercise for depression in care home residents: a randomised controlled trial with cost-effectiveness analysis (OPERA) [Preview]
2013	HTA	Andalusian Agency for Health Technology Assessment (AETSA)	[Genetic testing for predicting treatment response in major depressive disorders] [Preview]
2013	HTA	The Swedish Council on Health Technology Assessment (SBU)	[Internet-based psychological treatments for anxiety and mood disorders] [Preview]
2013	HTA	NIHR Health Technology Assessment programme	Lithium or an atypical antipsychotic drug in the management of treatment resistant depression: a systematic review and economic evaluation [Preview]
2013	HTA	NIHR Horizon Scanning Centre (NIHR HSC)	Monarch™ External Trigeminal Nerve Stimulation (eTNS™) System for depression [Preview]
2013	HTA	Health Quality Ontario (HQO)	OHTAC recommendation: deep brain stimulation for treatment-resistant depression [Preview]
2013	HTA	Health Quality Ontario (HQO)	Patient experiences of depression and anxiety with chronic disease: a systematic review and qualitative meta-synthesis [Preview]
2013	HTA	Health Quality Ontario (HQO)	Screening and management of depression for adults with chronic diseases: an evidence-based analysis [Preview]
2013	HTA	NIHR Health Technology Assessment programme	Study of the use of antidepressants for depression in dementia: the HTA -SADD trial - a multicentre, randomised, double-blind, placebo-controlled trial of the clinical effectiveness and cost-effectiveness of sertraline and mirtazapine [Preview]
2013	HTA	Canadian Agency for Drugs and Technologies in Health (CADTH)	The emotional freedom technique for the treatment of post-traumatic stress disorder, depression, or anxiety: clinical evidence [Preview]
2013	HTA	Canadian Agency for Drugs and Technologies in Health (CADTH)	Transcendental meditation for posttraumatic stress disorder, depression, and anxiety: a review of clinical effectiveness [Preview]
2013	HTA	HAYES, Inc.	Vagus nerve stimulation for depression [Preview]
2012	HTA	NIHR Health Technology Assessment programme	A pragmatic randomised controlled trial to evaluate the cost-effectiveness of a physical activity intervention as a treatment for depression: the treating depression with physical activity (TREAD) trial [Preview]
2012	HTA	The Swedish Council on Health Technology Assessment (SBU)	[Case finding, diagnosis and follow up of patients with affective disorders] [Preview]
2012	HTA	HAYES, Inc.	Deep brain stimulation for treatment-resistant depression [Preview]
2012	HTA	HAYES, Inc.	Ketamine for mood disorders [Preview]
2012	HTA	Canadian Agency for Drugs and Technologies in Health	Neurofeedback and biofeedback for post-traumatic stress disorder, generalized anxiety disorder, and

		(CADTH)	depression: a review of the clinical evidence and guidelines. [Preview]
2012	HTA	Ludwig Boltzmann Institut fuer Health Technology Assessment (LBIHTA)	[Occupational therapy for dementia and depression] [Preview]
2012	HTA	National Evidence-based Healthcare Collaborating Agency (NECA)	[Part II . Study on adolescent depression and suicide] [Preview]
2012	HTA	National Evidence-based Healthcare Collaborating Agency (NECA)	[Part III. A study on the current status and treatment promotion of comorbid depression among patients with cancer or patients with diabetes mellitus] [Preview]
2012	HTA	Agency for Healthcare Research and Quality (AHRQ)	Practice-based interventions addressing concomitant depression and chronic medical conditions in the primary care setting [Preview]
2012	HTA	NIHR Health Technology Assessment programme	The clinical effectiveness and cost-effectiveness of low-intensity psychological interventions for the secondary prevention of relapse after depression: a systematic review [Preview]
2012	HTA	Agency for Healthcare Research and Quality (AHRQ)	Treatment for depression after unsatisfactory response to SSRIs [Preview]
2011	HTA	Center for Evidence-based Practice (CEP)	Brief screening tests for depression in emergency patients [Preview]
2011	HTA	Norwegian Knowledge Centre for the Health Services (NOKC)	[Effect of vitamins, minerals and other dietary supplements on mental health symptoms for people with ADHD, anxiety disorders, bipolar disorder or depression] [Preview]
2011	HTA	National Horizon Scanning Centre (NHSC)	Lu AA21004 for major depressive disorder [Preview]
2011	HTA	Agency for Healthcare Research and Quality (AHRQ)	Nonpharmacologic interventions for treatment-resistant depression in adults [Preview]
2011	HTA	Agency for Healthcare Research and Quality (AHRQ)	Second-generation antidepressants in the pharmacologic treatment of adult depression: an update of the 2007 comparative effectiveness review [Preview]
2011	HTA	University of York	Supporting women with postnatal depression through psychological therapies [Preview]
2011	HTA	BlueCross BlueShield Association (BCBS)	Transcranial magnetic stimulation for depression [Preview]
2011	HTA	Agency for Healthcare Research and Quality (AHRQ)	Traumatic brain injury and depression. [Preview]
2010	HTA	Catalan Agency for Health Information, Assessment and Quality (CAHIAQ -formerly CAHTA)	[Adaptation to the Catalan health care system of the clinical practice guideline 'Management of major depression in adults'] [Preview]
2010	HTA	NIHR Health Technology	A pragmatic randomised controlled trial to

		Assessment programme	compare antidepressants with a community-based psychosocial intervention for the treatment of women with postnatal depression: the RESPOND trial [Preview]
2010	HTA	National Evidence-based Healthcare Collaborating Agency (NECA)	[A study of the effectiveness of self-care interventions for subclinical and mild depression] [Preview]
2010	HTA	NIHR Health Technology Assessment programme	Group cognitive behavioural therapy for postnatal depression: a systematic review of clinical effectiveness, cost effectiveness and value of information analyses [Preview]
2010	HTA	Adelaide Health Technology Assessment (AHTA)	Management of depression in adolescents and young adults: a systematic literature review [Preview]
2010	HTA	Agency for Healthcare Research and Quality (AHRQ)	Screening for depression in adults and older adults in primary care: an updated systematic review [Preview]
2010	HTA	Canadian Agency for Drugs and Technologies in Health (CADTH)	Self-directed cognitive behavioural therapy for adults with diagnosis of depression: systematic review of clinical effectiveness, cost-effectiveness, and guidelines [Preview]
2010	HTA	Unidad de Evaluacion de Tecnologias Sanitarias (UETS)	[Systematic review of efficacy and economic impact of genetic tests in breast cancer and depression treatment] [Preview]
2010	HTA	HAYES, Inc.	Transcranial magnetic stimulation for major depression [Preview]
2010	HTA	VA Technology Assessment Program (VATAP)	Transcranial magnetic stimulation (TMS) for depression [Preview]
2010	HTA	Canadian Agency for Drugs and Technologies in Health (CADTH)	Use of bupropion in patients with depression and the associated risk of seizures: safety [Preview]
2009	HTA	National Horizon Scanning Centre (NHSC)	Aripiprazole (Abilify) for major depressive disorder [Preview]
2009	HTA	Institut fuer Qualitaet und Wirtschaftlichkeit im Gesundheitswesen (IQWiG)	[Bupropion, mirtazapine, and reboxetine in the treatment of depression] [Preview]
2009	HTA	Galician Agency for Health Technology Assessment (AVALIA-T)	Clinical practice guideline on major depression in childhood and adolescence [Preview]
2009	HTA	HAYES, Inc.	Computer-assisted cognitive-behavioral treatment for depression [Preview]
2009	HTA	Norwegian Knowledge Centre for the Health Services (NOKC)	Effects of psychotherapy for adults with depression [Preview]
2009	HTA	Canadian Agency for Drugs and Technologies in Health (CADTH)	Group therapy for mood disorders: a review of the clinical effectiveness [Preview]
2009	HTA	Adelaide Health Technology Assessment (AHTA)	Internet delivered cognitive behavioural therapy for patients with depression [Preview]

2009	HTA	NIHR Health Technology Assessment programme	Methods to identify postnatal depression in primary care: an integrated evidence synthesis and value of information analysis [Preview]
2009	HTA	Canadian Agency for Drugs and Technologies in Health (CADTH)	Pharmacological management of depression in Parkinson's disease: evidence for antidepressant of choice [Preview]
2009	HTA	NIHR Health Technology Assessment programme	Psychological interventions for postnatal depression: cluster randomised trial and economic evaluation. The PONDER trial [Preview]
2009	HTA	National Horizon Scanning Centre (NHSC)	Quetiapine (Seroquel XL) for major depressive disorder [Preview]
2009	HTA	NIHR Health Technology Assessment programme	Randomised controlled trial to determine the clinical and cost-effectiveness of selective serotonin reuptake inhibitors plus supportive care, versus supportive care alone, for mild to moderate depression with somatic symptoms in primary care. The THREAD (THREShold for AntiDepressant response) study [Preview]
2009	HTA	Agency for Healthcare Research and Quality (AHRQ)	Screening for child and adolescent depression in primary care settings: a systematic evidence review for the U.S. Preventive Services Task Force [Preview]
2009	HTA	Institut fuer Qualitaet und Wirtschaftlichkeit im Gesundheitswesen (IQWiG)	[Selective serotonin and norepinephrine re-uptake inhibitors (SSNRI) in the treatment of depression] [Preview]
2009	HTA	National Horizon Scanning Centre (NHSC)	Transcranial direct current stimulation (tDCS) for major depressive disorder [Preview]
2009	HTA	BlueCross BlueShield Association (BCBS)	Transcranial magnetic stimulation for depression [Preview]
2009	HTA	The Swedish Council on Health Technology Assessment (SBU)	[Transcranial magnetic stimulation in treating depression] [Preview]
2009	HTA	HAYES, Inc.	Vagus nerve stimulation for depression [Preview]
2009	HTA	HAYES, Inc.	Vagus nerve stimulation for depression [Preview]
2009	HTA	National Institute for Health and Clinical Excellence (NICE)	Vagus nerve stimulation for treatment-resistant depression [Preview]

SBU (søgt d. 17.04.15) (IE)

Fundne referencer: 10

Depression, affective disorder, affektiv störning, affective disorders, affektiva störningar, depressive disorder, depressiv störning, depressive disorders, depressiva störningar, mdd, mood disorder, mood disorders

(SBU utvärdering, SBU övriga publikationer, Regional utvärdering; 2009-2015)

Rehabilitering av äldre personer med höftfrakturer – interdisciplinära team	2015	SBU Utvärdering
Behandling av depression hos äldre	2015	SBU Utvärdering
Arbetsmiljöns betydelse för symtom på depression och utmattningssyndrom	2014	SBU Utvärdering
Omhändertagande av äldre som inkommer akut till sjukhus – med fokus på sköra äldre	2013	SBU Utvärdering
Internetförmiddad psykologisk behandling vid ångest- och förstämningssyndrom	2013	SBU Utvärdering
Diagnostik och uppföljning av förstämningssyndrom	2012	SBU Utvärdering
Implementeringsstöd för psykiatrisk evidens i primärvården	2012	SBU Utvärdering
Transkraniell magnetstimulering vid depression	2009	SBU Utvärdering
Utvärdering av effekten av mindfulness-baserade terapier vid stress, depression och ångest (2010)	2010	Regional Utvärdering
Test av elektrodermal reaktivitet (EDR-test) som objektiv metod för självmordsriskdetektion hos patienter med depressionssjukdom (2010)	2010	Regional Utvärdering

Socialstyrelsen (søgt d. 17.04.15) (IE)

Browset: nationella riktlinjer → retningslinjer med et af følgende ord i titlen: depression, depression, affective disorder, affektiv störning, affective disorders, affektiva störningar, depressive disorder, depressiv störning, depressive disorders, depressiva störningar, mdd, mood disorder, mood disorders (2009-2015)

Fundne referencer: 1

Nationella riktlinjer för vård vid depression och ångestsyndrom (2010)

Nationella riktlinjer för depression och ångestsyndrom innehåller rekommendationer om effektivt omhändertagande, diagnostik, uppföljning och olika behandlingar som KBT, antidepressiva läkemedel och ECT.

Sammanfattning

I Nationella riktlinjer för depression och ångestsyndrom 2010 lyfter Socialstyrelsen rekommendationer om screening, ett effektivt omhändertagande samt diagnostik och bedömning. Riktlinjerna innehåller också rekommendationer om olika behandlingar för barn och ungdomar respektive vuxna. Syftet med dessa är att främja ett vårdutbud som

inkluderar flera effektiva behandlingsalternativ och som erbjuds på lika villkor över hela landet. I anknytning till behandlingsavsnittet presenterar Socialstyrelsen rekommendationer om vad hälsooch sjukvården särskilt bör beakta när det kommer till läkemedelsbehandling för äldre personer. Slutligen lyfter Socialstyrelsen rekommendationer vid självmord och självmordsnära tillstånd.

En revidering av de nuvarande nationella riktlinjerna för vård vid depression och ångestsyndrom pågår. De reviderade riktlinjerna kommer att vara ett stöd för dem som fattar beslut om hur resurserna ska fördelas inom hälso- och sjukvården.

När är riktlinjerna klara?

En remissversion av de reviderade riktlinjerna beräknas vara klar i slutet av år 2016.

Helsedirektoratet (søgt d. 17.04.15) (IE)

Fundne referencer: 6

Depression, depresjon, affective disorder, affektiv lidelse, affective disorders, affektive lidelser, depressive disorder, depressiv lidelse, depressive disorders, depressive lidelser, mdd, stemningslidelse, stemningslidelser, mood disorder, mood disorders (2009-2015)

•

Voksne med depresjon

Nasjonal retningslinje for diagnostisering og behandling av voksne med depresjon i primær- og spesialisthelsetjeneste

psykologisk praksis i behandling av **depresjon** Rett bruk av medikamentell behandling ved ...
Rutinemessig kartlegging for å identifisere **depresjon** bør rettes mot de risikogrupper som ...

• •

Initial behandling av brystkreft

9 Anbefalinger

Valg av behandlingsstrategi gjøres på bakgrunn av preoperativ utredning, vurdering av ...

Benmargs**depresjon** med påfølgende behandlingskrevende febril neutropeni (feber på grunn av ...

Pakkeforløp for brystkreft

• •

Aktivitetshåndboken

Aktivitetshåndboken – Fysisk aktivitet i forebygging og behandling

[Type Veiledere IS-nummer IS-1592 Utgitt 01.06.2009 ... Trykket versjon av boken kan bestilles av Fagbokforlaget og hos flere bokhandlere på nett ... Depresjon 22 ...](#)

• •

[**Initial behandling av lungekreft**](#)

[12 Anbefalinger](#)

[Lungekreft behandles med kirurgi, strålebehandling eller kjemoterapi, enten alene eller i ... lever- og nyrepåvirkning samt benmargsdepresjon, som kan lede til livstruende infeksjoner ...](#)

[Pakkeforløp for lungekreft](#)

• •

[**Rus- og psykiske lidelser**](#)

[Nasjonal faglig retningslinje for utredning, behandling og oppfølging av personer med samtidig ruslidelse og psykisk lidelser](#)

[Type Nasjonale faglige retningslinjer IS-nummer IS-1948 Utgitt 01.03.2012 ... 21 D Kartlegging av angst og depresjon anbefales gjort ved bruk av SCL-10 3 ...](#)

•

[**Psykoselidelser**](#)

[Nasjonal faglig retningslinje for utredning, behandling og oppfølging av personer med psykoselidelser](#)

[faglige retningslinjen omfatter alle psykoselidelser med unntak av organiske og affektive psykoser, og inkluderer en revisjon av Schizofreni ... Formålet med retningslinjen er å bedre ...](#)

Kunnskapssenteret (søgt d. 17.04.15) (IE)

Fundne reference: 3

Browset: Type: rapport fra Kunnskapssenteret, Cochrane-oversikt → Tema: barn & unge, brukeropplevd kvalitet, diagnostikk, eldre, helseøkonomi, internasjonal helse, medisinsk teknologi, primærhelsetjeneste, psykisk helse, rehabilitering, screening, spesialisthelsetjeneste, velferdstjenester, annet → År: 2009-2015 → dokumenter med et af følgende ord i titlen: depression, depresjon, affective disorder, affektiv lidelse, affective disorders, affektive lidelser, depressive disorder, depressiv lidelse, depressive disorders, depressive lidelser, mdd, stemningslidelse, stemningslidelser, mood disorder, mood disorders
Rapport fra Kunnskapssenteret - Systematisk oversikt

Depresjonsscreening av gravide og barselkvinner

Publisert 03.10.2014 21.22

Larun, L. Fønhus MS, Håvelsrud K, Brurberg KG, Reinart LM. Depresjonsscreening av gravide og barselkvinner. Rapport fra Kunnskapssenteret - Systematisk oversikt nr. 01 - 2013. ISBN 978-82-8121-514-6 ISSN 1890-1298 .

- Hovedfunn
- [Sammendrag](#)
- [Hele publikasjonen](#)

Hvert år opplever 6000-9000 norske kvinner depressive symptomer i svangerskapet eller barseltiden. For å gi riktig behandling er det viktig å påvise om kvinnen har en klinisk depresjon, depressive symptomer eller er nedstemt. Spørsmålet er om det er hensiktsmessig å innføre screening for depresjon i svangerskap og barseltiden. Vi har oppsummert forskning på nøyaktighet og effekt ved bruk av screeningtester.

Screeningstestenes nøyaktighet for å identifisere depresjon

- Vi fant at det mest brukte screeningverktøyet i studier av nøyaktighet og effekt er Edinburgh Postnatal Depression Scale (EPDS, med skala fra 0-30).
- Vår modellberegning viste at 93 prosent (95 % KI: 85 til 97) av barselkvinnene som har en klinisk depresjon blir identifisert ved bruk av EPDS med en grenseverdi på ≥ 10 poeng.
- Beregningen viste at 78 prosent (95 % KI: 68 til 97) av barselkvinnene som ikke har en klinisk depresjon blir klassifisert som friske ved bruk av EPDS med en grenseverdi på ≥ 10 poeng.
- Rundt 20 prosent av kvinnene som ikke har klinisk depresjon vil bli klassifisert som å være i risiko for å utvikle depresjon (falske positive) ved bruk av EPDS med en grenseverdi på ≥ 10 poeng.

Effekt av screening kombinert med oppfølgingstiltak for depressive symptomer

- Antall kvinner med depressive symptomer fire til seks måneder etter fødsel reduseres fra 10 prosent til 6 prosent (95 % KI: 5 % til 8 %) ved bruk av screeningprogram i barseltiden. Dokumentasjonen har høy kvalitet.
- Vi fant ingen studier som rapporterte fysiske og sosiale utfall hos mor, eller negative eller uønskede effekter av screening og oppfølging for mor, barn eller familien.

Rapport fra Kunnskapssenteret - Systematisk oversikt

Effekten av vitaminer, mineraler og andre kosttilskudd på psykiske symptomer hos personer med ADHD, angstlidelser, bipolar lidelse eller depresjon

Publisert 10.02.2011 07.01

Berg RC, Smedslund G. Effekten av vitaminer, mineraler og andre kosttilskudd på psykiske symptomer hos personer med ADHD, angstlidelser, bipolar lidelse eller depresjon. Rapport fra Kunnskapssenteret - Systematisk oversikt nr. 03 - 2011. ISBN 978-82-8121-394-4 ISSN 1890-1298.

- Hovedfunn
- [Sammendrag](#)
- [Hele publikasjonen](#)

Mentale lidelser er svært utbredt og har store konsekvenser for de som rammes, både pga plagsomme symptomer og ofte pga nedsatt sosial og yrkesmessig fungering. De vanligste behandlingsmetodene er ulike former for medikamenter (psykofarmaka) og samtaleterapi. Kosttilskudd, som flerumettede fettsyrer og vitaminer, benyttes noen ganger, men effekten av slik behandling er omdiskutert.

I den foreliggende oversikten har vi forsøkt å besvare: Hva er effekten av vitaminer, mineraler og andre kosttilskudd på psykiske symptomer hos personer med ADHD (attention deficit hyperactivity disorder), angst-lidelser, bipolar lidelse eller depresjon?

Vi utarbeidet en kunnskapsoversikt over nyere systematiske oversikter. Vi inkluderte 11 oversikter, tre av høy metodisk kvalitet og åtte av moderat metodisk kvalitet. Intervensjonene i de inkluderte oversiktene var flerumettede fettsyrer, inositol, folat og vitamin B-6.

Resultatene viser:

- Vi fant ingen oversikter som omhandlet personer med angstlidelser.
- Det er usikkert om kosttilskudd i form av flerumettede fettsyrer er effektivt i behandling av mentale lidelser.
- De systematiske oversiktene ga ikke grunnlag for å konkludere om inositol, folat og vitamin B-6 er effektive i behandling av mentale lidelser.
- De systematiske oversiktene ga ikke grunnlag for å konkludere om kosttilskudd gir flere bivirkninger enn psykofarmaka.
- Flere av de systematiske oversiktene var opptil seks år gamle.

Rapport fra Kunnskapssenteret - Systematisk oversikt

Effekten av psykoterapi for mennesker med depressive lidelser

Publisert 30.04.2009 13.03

Berg R, Øverland S, Høie B.. Effekten av psykoterapi for mennesker med depressive lidelser.

Rapport fra Kunnskapssenteret - Systematisk oversikt nr. 06 - 2009. ISBN 978-82-8121-255-8 ISSN 1890-1298.

- Hovedfunn
- [Sammendrag](#)
- [Hele publikasjonen](#)

Denne rapporten ble bestilt av Helsedirektoratet i oktober 2008. Kunnskapssenteret ble bedt om å framskaffe et kunnskapsgrunnlag som kunne hjelpe til å belyse effekten av psykoterapi på depresjonssymptomer og andre uttrykk for nedsatt livskvalitet, for eksempel lav sosial funksjonsevne og trivsel.

Vi stilte ett hovedspørsmål: Hva er effekten av psykoterapi på depresjonssymptomer og andre uttrykk for nedsatt livskvalitet for voksne mennesker med depressive lidelser?

Vi søkte systematisk etter litteratur i internasjonale forskningsdatabaser, og valgte ut systematiske oversikter og randomiserte kontrollerte studier (randomized controlled trials, RCT) som oppfylte

våre predefinerte inklusjonskriterier. Vi vurderte deretter studienes metodiske kvalitet. I tråd med oppdraget la vi vekt på oversiktsartikler, samt data fra studier hvor psykodynamisk psykoterapi ble vurdert. Til slutt sammenstilte og oppsummerte vi resultatene.

Vi inkluderte ni artikler: Seks systematiske oppsummeringer og tre RCTer. De aller fleste av disse hadde høy metodekvalitet, men kunnskapsgrunnlaget var svært heterogent. Hovedkonklusjonen er at pasientene opplever bedring etter behandling i forhold til før behandling, uavhengig av hvilken behandling de mottar. Bedringen vedvarer over tid. Resultatene fra studiene antyder videre at psykoterapi fører til signifikant større bedring i depresjonssymptomer sammenlignet med standard legebehandling (for eksempel veiledning), men ser ikke ut til å være mer effektiv enn antidepressive medikamenter. Det ser ikke ut til å være markante forskjeller i effekt mellom ulike former for psykoterapi. Resultatene tyder på at det er få forskjeller i effekt mellom psykodynamisk terapi og andre former for psykoterapi.

Vi fant vitenskapelig dokumentasjon for at psykoterapi synes å redusere symptomer på depresjon for voksne med depressive lidelser. Denne kunnskapsoppsummeringen er en summarisk gjennomgang av nye systematiske oversikter og RCTer og de inkluderte studiene var svært heterogene. På tvers av artiklene var det derfor vanskelig å finne et empirisk grunnlag for solide konklusjoner på problemstillingen.

Rapport fra Kunnskapssenteret - Systematisk oversikt

Database(s): Embase 1974 to 2015 April 16

Søgt d. 17.04.2015

Search Strategy:

#	Searches	Results
1	exp *depression/	168082
2	exp *psychotherapy/	100855
3	non pharmacological.ti,ab.	6805
4	cbt.ti,ab.	8602
5	cognitive behavio?r*.ti,ab.	23676
6	psychodynamic.ti,ab.	6753
7	ipt.ti,ab.	1927
8	interpersonal psychotherapy.ti,ab.	776
9	problem oriented therapy.ti,ab.	8
10	client centered therapy.ti,ab.	135
11	person centered therapy.ti,ab.	17
12	cbasp.ti,ab.	81
13	cognitive behavio?ral analysis system of psychotherapy.ti,ab.	88
14	mbt.ti,ab.	1848
15	mentali#ation based therapy.ti,ab.	24

16	mentali#ation based treatment.ti,ab.	60
17	"acceptance and commitment therapy".ti,ab.	471
18	psychotherap*.ti,ab.	50023
19	exp *diagnosis/	1439557
20	screening.ti,ab.	462980
21	short term psychodynamic.ti,ab.	144
22	short term dynamic psychotherapy.ti,ab.	144
23	short term dynamic therapy.ti,ab.	15
24	behavio?ral activation.ti,ab.	1309
25	problem solving therapy.ti,ab.	304
26	exp *counseling/	30510
27	mindfulness.ti,ab.	3228
28	couple focused therapy.ti,ab.	0
29	psychoeducation.ti,ab.	2229
30	therapeutic community.ti,ab.	1873
31	computer based cbt.ti,ab.	5
32	computerized cbt.ti,ab.	30
33	computer based cognitive.ti,ab.	134
34	or/2-33	2011501
35	practice guideline/	251238
36	clinical guideline.mp.	1429
37	exp *depression/di [Diagnosis]	25194
38	35 or 36	251811
39	1 and 34	21266
40	37 or 39	41889
41	38 and 40	1018
42	limit 41 to ((danish or english or norwegian or swedish) and yr="2009 - 2015")	322

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present

Søgt d.17.04.2015

Search Strategy:

#	Searches	Results
1	*Depression/	47195
2	depress*.ti,ab.	331831
3	exp *Depressive Disorder/	63853

4	mdd.ti,ab.	6864
5	unipolar.ti,ab.	8777
6	depressive disorder*.ti,ab.	22709
7	dysthym*.ti,ab.	2735
8	melanchol*.ti,ab.	2524
9	seasonal affective disorder*.ti,ab.	1116
10	dysphori*.ti,ab.	4034
11	or/1-10	353752
12	exp Guideline/	26196
13	exp *Psychotherapy/	104458
14	non pharmacological.ti,ab.	4385
15	cbt.ti,ab.	5643
16	cognitive behavior?r*.ti,ab.	16547
17	psychodynamic.ti,ab.	4262
18	ipt.ti,ab.	1503
19	Interpersonal psychotherapy.ti,ab.	627
20	problem oriented therapy.ti,ab.	9
21	client centered therapy.ti,ab.	63
22	person centered therapy.ti,ab.	6
23	cbasp.ti,ab.	52
24	Cognitive Behavior?ral Analysis System of Psychotherapy.ti,ab.	63
25	mbt.ti,ab.	1478
26	Mentali#ation-based treatment.ti,ab.	44
27	Mentali#ation Based Therapy.ti,ab.	20
28	"acceptance and commitment therapy".ti,ab.	278
29	psychotherap*.ti,ab.	32837
30	exp *Diagnosis/	2041375
31	*Depression/di [Diagnosis]	4976
32	exp *Depressive Disorder/di [Diagnosis]	10007
33	31 or 32	14528
34	screening.ti,ab.	351584
35	clinical guideline.mp.	898
36	practice guideline.mp.	22298
37	12 or 35 or 36	29238
38	short term psychodynamic.ti,ab.	105
39	short term dynamic psychotherapy.ti,ab.	97
40	short term dynamic therapy.ti,ab.	11
41	behavior?ral activation.ti,ab.	1115
42	long term psychodynamic.ti,ab.	68

43	problem solving therapy.ti,ab.	228
44	exp Directive Counseling/	1839
45	mindfulness.ti,ab.	2223
46	couple focused therapy.ti,ab.	0
47	psychoeducation.ti,ab.	1403
48	therapeutic community.ti,ab.	1132
49	computer based cbt.ti,ab.	2
50	computerized cbt.ti,ab.	22
51	computer based cognitive.ti,ab.	88
52	or/38-51	8242
53	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 52 or 34	2431356
54	11 and 53	50792
55	33 or 54	61981
56	limit 55 to guideline	50
57	37 and 55	129
58	56 or 57	129
59	limit 58 to (yr="2009 - 2015" and (danish or english or norwegian or swedish))	45

Database(s): PsycINFO 1806 to April Week 2 2015

Søgt d. 17.04.2015

#	Searches	Results
1	*"depression (emotion)"/	17619
2	exp *Major Depression/	82854
3	depress*.ti,ab.	225683
4	mdd.ti,ab.	6034
5	unipolar.ti,ab.	5995
6	dysthym*.ti,ab.	3371
7	melanchol*.ti,ab.	3989
8	seasonal affective disorder*.ti,ab.	1041
9	dysphori*.ti,ab.	4818
10	or/1-9	234160
11	exp psychotherapy/	182879
12	non pharmacological.ti,ab.	1291
13	cbt.ti,ab.	8564
14	cognitive behavio?r*.ti,ab.	29751

15	psychodynamic.ti,ab.	14535
16	ipt.ti,ab.	840
17	interpersonal psychotherapy.ti,ab.	1045
18	problem oriented therapy.ti,ab.	6
19	client centered therapy.ti,ab.	543
20	person centered therapy.ti,ab.	165
21	cbasp.ti,ab.	83
22	cognitive behavior?ral analysis system of psychotherapy.ti,ab.	104
23	mbt.ti,ab.	131
24	mentali#ation based treatment.ti,ab.	118
25	mentali#ation based therapy.ti,ab.	59
26	"acceptance and commitment therapy".ti,ab.	938
27	psychotherap*.ti,ab.	91461
28	exp *Diagnosis/	99410
29	screening.ti,ab.	44478
30	short term psychodynamic.ti,ab.	207
31	short term dynamic psychotherapy.ti,ab.	339
32	short term dynamic therapy.ti,ab.	40
33	behavior?ral activation.ti,ab.	1266
34	problem solving therapy.ti,ab.	287
35	exp *counseling/	59535
36	mindfulness.ti,ab.	5364
37	couple focused therapy.ti,ab.	2
38	psychoeducation.ti,ab.	2385
39	therapeutic community.ti,ab.	2594
40	computer based cbt.ti,ab.	15
41	computerized cbt.ti,ab.	27
42	computer based cognitive.ti,ab.	113
43	or/11-42	411046
44	10 and 43	41519
45	guideline*.ti.	5693
46	exp treatment guidelines/	4772
47	clinical guideline.mp.	124
48	practice guideline.mp.	448
49	or/45-48	8893
50	44 and 49	308
51	limit 50 to ((danish or english or norwegian or swedish) and yr="2009 - 2015")	98

CINAHL

Søgt d. 17.04.2015

#	Query	Limiters/Expanders	Results
S45	S43 AND S44	Limiters - Published Date: 20090101-20151231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	106
S44	(MH "Practice Guidelines")	Search modes - Boolean/Phrase	34,578
S43	(S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38 OR S39 OR S40 OR S41) AND (S9 AND S42)	Search modes - Boolean/Phrase	17,785
S42	S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38 OR S39 OR S40 OR S41	Search modes - Boolean/Phrase	379,425
S41	TI "computer based cognitive" OR AB "computer based cognitive"	Search modes - Boolean/Phrase	29
S40	TI "computerized cbt" OR AB "computerized cbt"	Search modes - Boolean/Phrase	7
S39	TI "computer based cbt" OR AB "computer based cbt"	Search modes - Boolean/Phrase	3
S38	TI "therapeutic community" OR AB "therapeutic community"	Search modes - Boolean/Phrase	172
S37	TI "psychoeducation" OR AB "psychoeducation"	Search modes - Boolean/Phrase	459
S36	TI "couple focused therapy" OR AB "couple focused therapy"	Search modes - Boolean/Phrase	0
S35	TI "mindfulness" OR AB "mindfulness"	Search modes - Boolean/Phrase	1,101
S34	(MM "Counseling+")	Search modes - Boolean/Phrase	8,902
S33	TI "problem solving therapy" OR AB "problem solving therapy"	Search modes - Boolean/Phrase	83

S32	TI "behavioral activation" OR AB "behavioral activation"	Search modes - Boolean/Phrase	118
S31	TI "short term dynamic therapy" OR AB "short term dynamic therapy"	Search modes - Boolean/Phrase	2
S30	TI "short term dynamic psychotherapy" OR AB "short term dynamic psychotherapy"	Search modes - Boolean/Phrase	11
S29	TI "short term psychodynamic" OR AB "short term psychodynamic"	Search modes - Boolean/Phrase	21
S28	TI "screening" OR AB "screening"	Search modes - Boolean/Phrase	46,850
S27	(MM "Diagnosis+")	Search modes - Boolean/Phrase	258,468
S26	TI "psychotherap*" OR AB "psychotherap*"	Search modes - Boolean/Phrase	5,004
S25	TI ("acceptance and commitment therapy") OR AB ("acceptance and commitment therapy")	Search modes - Boolean/Phrase	89
S24	TI "mentalization based therapy" OR AB "mentalization based therapy"	Search modes - Boolean/Phrase	4
S23	TI "mentalization based treatment" OR AB "mentalization based treatment"	Search modes - Boolean/Phrase	11
S22	TI "mbt" OR AB "mbt"	Search modes - Boolean/Phrase	45
S21	TI "cognitive behavioral analysis system of psychotherapy" OR AB "cognitive behavioral analysis system of psychotherapy"	Search modes - Boolean/Phrase	5
S20	TI "cbasp" OR AB "cbasp"	Search modes - Boolean/Phrase	1
S19	TI "person centered therapy" OR AB "person centered therapy"	Search modes - Boolean/Phrase	4
S18	TI "client centered therapy" OR AB "client centered therapy"	Search modes - Boolean/Phrase	12
S17	TI "problem oriented therapy" OR AB "problem oriented therapy"	Search modes - Boolean/Phrase	0
S16	TI "interpersonal psychotherapy" OR AB "interpersonal psychotherapy"	Search modes - Boolean/Phrase	154
S15	TI "ipt" OR AB "ipt"	Search modes - Boolean/Phrase	149
S14	TI "psychodynamic" OR AB "psychodynamic"	Search modes - Boolean/Phrase	692
S13	TI "cognitive behavior*" OR AB "cognitive behavior*"	Search modes - Boolean/Phrase	4,866

S12	TI "cbt" OR AB "cbt"	Search modes - Boolean/Phrase	1,519
S11	TI "non pharmacological" OR AB "non pharmacological"	Search modes - Boolean/Phrase	1,035
S10	(MH "Psychotherapy+")	Search modes - Boolean/Phrase	90,680
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	68,043
S8	TI "dysphori*" OR AB "dysphori*"	Search modes - Boolean/Phrase	588
S7	TI "seasonal affective disorder*" OR AB "seasonal affective disorder*"	Search modes - Boolean/Phrase	174
S6	TI "melanchol*" OR AB "melanchol*"	Search modes - Boolean/Phrase	151
S5	TI "dysthym*" OR AB "dysthym*"	Search modes - Boolean/Phrase	354
S4	TI "unipolar" OR AB "unipolar"	Search modes - Boolean/Phrase	843
S3	TI "mdd" OR AB "mdd"	Search modes - Boolean/Phrase	617
S2	TI "depress*" OR AB "depress*"	Search modes - Boolean/Phrase	51,500
S1	(MH "Depression+")	Search modes - Boolean/Phrase	47,424

Netpunkt

Søgt d. 17.04.2015

Du søgte på: ((lem=(depression eller mdd eller "affective disorder" eller "affektiv lidelse" eller "affective disorders" eller "affektive lidelser" eller unipolar eller "depressive disorder" eller "depressive disorders" eller "mood disorder" eller "mood disorders")) og (guideline eller guidelines eller retningslinje eller retningslinjer)) og (sp=dan eller (sp=eng eller sp=enm eller sp=ang) eller sp=nor eller (sp=swe eller sp=sve)) og år>2008) eller ((lti=(depression eller mdd eller "affective disorder" eller "affektiv lidelse" eller "affective disorders" eller "affektive lidelser" eller unipolar eller "depressive disorder" eller "depressive disorders" eller "mood disorder" eller "mood disorders")) og (guideline eller guidelines eller retningslinje eller retningslinjer))) eller ((ti=(depression eller mdd eller "affective disorder" eller "affektiv lidelse" eller "affective disorders" eller "affektive lidelser" eller unipolar eller "depressive disorder" eller "depressive disorders" eller "mood disorder" eller "mood disorders")) og (guideline eller guidelines eller retningslinje eller retningslinjer))) eller ((em=(depression eller mdd eller "affective disorder" eller "affektiv lidelse" eller "affective disorders" eller "affektive lidelser" eller unipolar eller "depressive disorder" eller "depressive disorders" eller "mood disorder" eller "mood disorders")) og (guideline eller guidelines eller retningslinje eller

retningslinjer))) og (sp=dan eller (sp=eng eller sp=enm eller sp=ang) eller sp=nor eller (sp=swe eller sp=sve)) og år>2008

Der blev fundet 25 poster

Psychiatric Nursing : Contemporary Practice

[M. Boyd](#)

Emne: [psykiatri](#) ; [psykiatrisk sygepleje](#) ; [sygepleje](#) ; [psykiske sygdomme](#) ; [sindssygdomme](#) ; [patientpleje](#) ; [psykiske lidelser](#) ; [sindslidelser](#) ; [sindssygdomme](#)

Forlagets beskrivelse: Psychiatric Nursing: Contemporary Practice, 5th edition, Enhanced Update provides thorough coverage of psychiatric mental health nursing organized around the DSM-5 diagnostic criteria. [...]

BOG: Fifth Edition. - Philadelphia, Wolters Kluwer, Lippincott Williams & Wilkins, 2015. - xviii, 898 p., illustreret

Edited by Mary Ann Boyd ; With contributions from Beverly Baliko m. fl.

ISBN: 9780060000370

ISBN: 0-06-000037-6



Light in the darkness : finding hope in the shadow of depression

[Gary H. Lovejoy](#); [Gregory Knopf](#)

Emne: [Depression, Mental. Religious aspects. Christianity](#) ; [Depressed persons. Religious life](#)

Indhold: Behind the scenes of depression: unraveling the mystery -- Our built-in alarm system -- The landscape of depression -- Depression in God's larger design -- Depression and the grand blueprint -- How we matter to God and why it matters to us -- The struggle with self-worth -- The legacy of self-rejection -- Why we get stuck discovering our blind spots -- A primer for reality distortion -- Depression and the turbulent trio -- The God-concept: [...]

BOG: Indianapolis, Wesleyan Publishing House, 2014. - pages cm

Gary H. Lovejoy, PhD, Gregory M. Knopf, MD

ISBN: 9780898278255

Resistance Training for the Prevention and Treatment of Chronic Disease

[Joseph T. Ciccolo](#); [William J. Kraemer, f. 1953](#)

Emne: [kroniske sygdomme](#) ; [kronisk syge](#) ; [modstand](#) ; [træning](#) ; [styrketræning](#) ; [muskelt træning](#) ; [fysisk træning](#) ; [hjertesygdomme](#) ; [kredsløbssygdomme](#) ; [kræft](#) ; [diabetes type 2](#) ; [sklerose](#) ; [nyresvigt](#) ; [Parkinsons sygdom](#) ; [fibromyalgi](#) ; [apopleksi](#) ; [kronisk obstruktiv lungesygdom](#) ; [depression](#) ; [angst](#) ; [hiv](#) ; [ældre](#) ; [unge](#) ; [børn](#) ; [handicappede](#) ; [modstandstræning](#) ; [cancer](#) ; [insulinfølsomhed](#) ; [nyreinsufficiens](#) ; [sclerose](#) ; [slagtilfælde](#) ; [apoplexia cerebri](#) ; [KOL](#) ; [HTLV-III](#) ; [Human Immunodeficiency Virus](#) ; [acquired immune deficiency syndrome](#) ; [erhvervet immundefekt syndrom](#) ; [immundefekt syndrom](#)

Forlagets beskrivelse: Current evidence supports the use of resistance training as an independent method to prevent, treat, and potentially reverse the impact of numerous chronic diseases. [...]

BOG: Boca Raton, CRC Press, Taylor & Francis, 2013. - xiv, 287 p.

Edited by Joseph T. Ciccolo & William J. Kraemer ; With contributions from Brandon L. Alderman m. fl.

ISBN: 9781466501058

ISBN: 1-4665-0105-7



Physical activity and mental health

[Angela Clow](#); [Sarah Edmunds](#)

Emne: [Exercise](#) ; [psychology](#) ; [Exercise Therapy](#) ; [psychology](#) ; [Mental Disorders](#) ; [prevention & control](#) ; [Mental Disorders](#) ; [therapy](#) ; [Mental Health](#)

BOG: Champaign, IL, Human Kinetics, 2014. - x, 301 s., illustrations

Angela Clow, Sarah Edmunds, editors

ISBN: 9781450434331

ISBN: 1450434339

Handbook of Depression, Third Edition

Emne: [Depression, Mental -- Handbooks, manuals, etc](#)

Summary: The authoritative reference on depression and mood disorders, this volume brings together the field's preeminent researchers. All aspects of unipolar and bipolar depression are addressed, from genetics, neurobiology, and social-contextual risk factors to the most effective approaches to assessment and clinical management. Contributors review what is known about depression in specific populations, exploring developmental issues across the lifespan as well as gender and cultural variables. Effective psychosocial and biological treatments are described in detail. Each chapter offers a definitive

Printbegrænsninger: Der kan printes op til 20 % af bogens samlede indhold

Kopibegrænsninger: Der kan kopieres op til 5 % af bogens samlede indhold

NETDOKUMENT: 3. ed.. - New York, Guilford Publications, 2014

[Ian H. Gotlib](#), [Constance L. Hammen](#)

ISBN: 9781462516445

Anskaffelsesvilkår: 133.76 (NL)

[Adgang via internet efter betaling/brugerregistrering](#)

Affect regulation training : a practitioners' manual

[Matthias Berking](#); [Brian Whitley](#)

Emne: [Emotion-focused therapy](#) ; [Emotions](#) ; [Affective disorders](#) ; [Psychology](#) ; [Clinical Psychology](#) ; [Psychotherapy and Counseling](#) ; [Psychology Research](#) ; [HEALTH & FITNESS / Diseases / General](#) ; [MEDICAL / Clinical Medicine](#) ; [MEDICAL / Diseases](#) ; [MEDICAL / Evidence-Based Medicine](#) ; [MEDICAL / Internal Medicine](#)

Summary: No one is immune to intense emotions--and whether we accept them and how we regulate them can mean the difference between mental health or illness. The critical role of these complex emotional skills in human well-being is at the core of Affect Regulation Training (ART), [...]

NETDOKUMENT: New York, NY, Springer, 2014

Matthias Berking, Brian Whitley

ISBN: 9781493910229

ISBN: 1493910221

[Adgang via internet](#)

Polypharmacy in psychiatry practice. Volume II. Use of polypharmacy in the "real world"

[Michael S. Ritsner](#)

Emne: [Medicine](#) ; [Pharmacy](#) ; [Psychiatry](#) ; [Psychopharmacology](#) ; [Psychology, clinical](#) ; [Biomedicine](#) ; [Clinical Psychology](#) ; [Psychotropic drugs](#) ; [Polypharmacy](#)

Summary: Although monotherapy is generally recommended as the treatment of choice, treatment resistance of patients with psychosis, cognitive, mood and anxiety disorders represents a significant clinical problem. [...]

NETDOKUMENT: Dordrecht ; New York, Springer, cop. 2013

Michael S. Ritsner, editor

[Adgang via internet](#)

Drug therapy for the elderly

[Martin Wehling](#)

Emne: [Drug Therapy](#) ; [Aged](#) ; [Medicine](#) ; [Toxicology](#) ; [Geriatrics](#) ; [Internal medicine](#) ; [Medicine & Public Health](#) ; [Pharmacology/Toxicology](#) ; [Geriatric pharmacology](#) ; [Chemotherapy](#)

Indhold: Part 1 General aspects ; Heterogeneity and Vulnerability of Older Patients / Heinrich Burkhardt. Epidemiologic Aspects / Heinrich Burkhardt. Age-Associated General Pharmacological Aspects / Martin Wehling. Critical Extrapolation of Guidelines and Study Results: Risk-Benefit Assessment for Patients with Reduced Life Expectancy and a New Classification of Drugs According to Their Fitness for the Aged / Martin Wehling. Inappropriate Medication Use and Medication Errors in the Elderly / Zachary A. Marcum and Joseph T. Hanlon

Indhold: Part 2 Special aspects with respect to organ systems based on geriatric clinical importance ; Arterial Hypertension / Martin Wehling. Heart Failure / Martin Wehling and Robert Lee Page 2nd. Coronary Heart Disease and Stroke / Martin Wehling. Atrial Fibrillation / Martin Wehling. Diabetes Mellitus / Heinrich Burkhardt. Obstructive Lung Diseases / Martin Wehling. Osteoporosis / Martin Wehling. Parkinson's Disease / Heinrich Burkhardt. Therapy of Chronic Pain / Heinrich Burkhardt. Dementia / Stefan Schwarz and Lutz Frölich. Depression / Stefan Schwarz and Lutz Frölich. Sleep Disorders / Stefan Schwarz and Lutz Frölich. Treatment Decisions and Medical Treatment of Cancer in Elderly Patients / Ulrich Wedding and Stuart M. Lichtman

Indhold: Part 3 Pharmacotherapy and geriatric syndromes ; Fall Risk and Pharmacotherapy / Heinrich Burkhardt. Central Nervous System (CNS) Medications and Delirium / Donna M. Fick. Pharmacotherapy and Special Aspects of Cognitive Disorders in the Elderly / Heinrich Burkhardt. Pharmacotherapy and Incontinence / Heinrich Burkhardt and John Mark Ruscini. Immobility and

Pharmacotherapy / Heinrich Burkhardt. Pharmacotherapy and the Frailty Syndrome / Heinrich Burkhardt

Indhold: Part 4 Further problem areas in gerontopharmacotherapy and pragmatic recommendations ; Adherence to Pharmacotherapy in the Elderly / Heinrich Burkhardt. Polypharmacy / Heinrich Burkhardt. [...]

NETDOKUMENT: Vienna ; New York, Springer, cop. 2013

Martin Wehling, editor

[Adgang via internet](#)

Colors & patterns of depression era glassware

[Doris Yeske, 1925-](#); [Lyle Fokken](#)

Emne: [Depression glass. Collectors and collecting. Catalogs](#)

Indhold: Reflections -- Introduction : price guidelines -- 1. Pink : the classic color -- 2. Green : a vibrant and refreshing color -- 3. Yellow : a golden topaz -- 4. Opalescent : tones of opal gemstone -- 5. [...]

BOG: Rev. and expanded 2. ed.. - Atglen, Pa., Schiffer Pub., c2012. - 192 s., col. illustreret

Doris Yeske and Lyle Fokken

ISBN: 9780764341175

ISBN: 0764341170

BOG: Atglen, Pa., Schiffer Pub., c2010. - 176 s., col. illustreret

Doris Yeske and Lyle Fokken

ISBN: 9780764334221

ISBN: 0764334220

Faglige retningslinjer for henvisning til psykolog. : For patienter med let til moderat depression eller let til moderat angst

Emne: [faglige retningslinjer](#) ; [depression](#) ; [angst](#) ; [almen praksis](#) ; [praktiserende psykolog](#) ; [Faglig rådgivning](#)

BOG: Version: 1.0; Versionsdato: 23. februar 2012. - Kbh., 2012. - 22 s.

[Sundhedsstyrelsen](#)

ISBN: 978-87-7104-343-3

Anskaffelsesvilkår: SYB

BOG: Version: 2.0; Versionsdato: 15. maj 2012. - Kbh., 2012. - 23 s.

[Sundhedsstyrelsen](#)

ISBN: 978-87-7104-371-6

Anskaffelsesvilkår: SYB

[Der er 1 udgave mere](#)  [vis den](#)

NETDOKUMENT: 2. udgave (Version: 2.0). - Sundhedsstyrelsen, 2012

[Sundhedsstyrelsen](#)

ISBN: 978-87-7104-371-6

FAUSTNR.: 2 990 167 8

Katalogkoder: DBF201318 ARK201316 DBF ARK

[Adgang via internet](#) (PDF-format)

 [Links](#)

 [Lokaliseringer](#)

Neuropsychological assessment of work-related injuries

[Shane S. Bush, 1965-](#); [Grant L. Iverson](#)

Emne: [Psychic trauma. Diagnosis](#) ; [Neuropsychology](#) ; [Wounds and injuries. Diagnosis](#)

Indhold: S.Bush, G.L. Iverson: Introduction. Part 1: Work-Related Injuries. G.L. Iverson, R.T.

Lange: Traumatic Brain Injury in the Workplace. M.R. Lovell: Assessment of Mild Traumatic Brain Injury in the Professional Athlete. [\[...\]](#)

BOG: New York, Guilford Press, 2012. - xiv, 415 s., illustreret

ed. by Shane S. Bush, Grant L. Iverson

ISBN: 9781462502271

Depression in primary care : evidence and practice

[Simon Gilbody](#); [Peter Bower](#)

Emne: [Depressive Disorder](#) ; [therapy](#) ; [Primary Health Care](#) ; [methods](#) ; [Quality Assurance, Health Care](#) ; [methods](#) ; [Depression, Mental. Treatment](#) ; [Primary care \(Medicine\)](#) ; [Depression, Mental](#)

Although depression is a major cause of illness and disability, the quality of care offered is often poor. Research evidence demonstrating how the quality of primary care can be improved is dispersed in different academic journals and written in technical jargon. [\[...\]](#)

BOG: Cambridge, Cambridge University Press, 2011. - xii, 160 s., illustreret. - (Cambridge medicine)

edited by Simon Gilbody, Peter Bower

Serie: [Cambridge medicine](#)

ISBN: 9780521870504

ISBN: 052187050X

Risiko for affektiv lidelse ved multipel sklerose

Emne: [affektive sindslidelser](#) ; [dissemineret sklerose](#) ; [sklerose](#)

Forslag til opdatering af de danske retningslinjer for udredning og behandling af affektiv lidelse hos multipel sklerose patienter på baggrund af internationale rekommandationer

TIDSSKRIFTSARTIKEL: Ugeskrift for læger. - Årg. 173, nr. 2 (2011). - S. 123-126 : ill.



[Elsebeth Nylev Stenager](#), [Egon Stenager](#), [Kurt Bjerregaard Stage](#)

Depression in adults with a chronic physical health problem : treatment and management

Emne: [Depression, Mental. Treatment](#) ; [Depression, Mental. Etiology](#)

This clinical guideline was commissioned by NICE and developed by the National Collaborating Centre for Mental Health. It sets out clear, evidence - and consensus-based recommendations for healthcare staff on how to treat and manage depression in adults with a chronic physical health problem. [...]

BOG: London, Royal College of Psychiatrists, 2010. - 420 s. + 1 CD-ROM i lomme. - (National clinical practice guideline, 91)

National Collaborating Centre for Mental Health

Serie: [National clinical practice guideline](#) ; 91

ISBN: 9781904671862

ISBN: 1904671861

Navigating teenage depression : a guide for parents and professionals

[Gordon Parker, 1942-;](#) [Kerrie Eyers](#)

Emne: [Depression in adolescence](#)

First symptoms of depression often occur during teenage years, and it can be a disturbing and confusing time for families as well as the teenager themselves. How can you tell whether it is just typical teenage ups and downs that will pass, [...]

BOG: London, Routledge, 2010. - x, 230 s., illustreret

Gordon Parker & Kerrie Eyers

ISBN: 9780415583374

Seasonal affective disorder : practice and research

[Timo Partonen](#); [S. R. Pandi-Perumal](#)

Emne: [Seasonal Affective Disorder](#) ; [Seasonal affective disorder](#)

Indhold: Part 1: Biology Section I: Biological Clockwork 1: Saurabh Sahar and Paolo Sassone-Corsi: Circadian clocks and their molecular organization 2: Jens Hannibal: Input pathways to the biological clock 3: Hideki Ukai and Hiroki R. Ueda: Systems biology for elucidation of the effect of light on the circadian clocks 4: Zheng Chen, Benjamin P. Tu and Steven L. McKnight: Biological and

medical relevance of circadian and metabolic cycles Section II: Perspectives 5: Shibani Mukherjee and Colleen A. McClung: Circadian rhythms and mood regulation 6: Alfred J. Lewy, Jonathan S. Emens, Jeannie B. Songer, Amber L. Laurie, Neelam Sims, Steven C. Fiala and Allie L. Buti: The phase shift hypothesis and the bio-psycho-social-environmental model 7: Timo Partonen Section III: Etiology and pathogenesis of seasonal affective disorder: Circadian systems biology in seasonal affective disorder Section III: Etiology and pathogenesis of seasonal affective disorder 8: Dan A. Oren and Paul H. Desan: Light and non-visual photoreception 9: Marc Hébert: Photoperiods 10: Gregory M. Brown, Seithikurippu R. Pandi-Perumal, Ilya Trakht and Daniel P. Cardinali: The role of melatonin in seasonal affective disorder 11: Philip Saleh, Jianhua Shen and Colin M. Shapiro: Sleep changes in seasonal affective disorder 12: Robert D. Levitan: Weight gain and obesity in seasonal affective disorder: adaptations from our past? 13: Michael A. Young and Bonnie J. Yap: Psychological and biological traits in seasonal affective disorder and seasonality Part 2: Clinical Science Section I: Global epidemiology of seasonal affective disorder 14: Andres Magnusson and Timo Partonen: History 15: Andres Magnusson and Timo Partonen: Prevalence 16: Timo Partonen and Andres Magnusson: Northern exposure Indhold: Section II: Practice 17: Timo Partonen and Norman E. Rosenthal: Diagnostic assessment 18: Michael Terman, Janet B. W. Williams and Thomas M. White: Assessment instruments Section III: [...]

BOG: 2. ed.. - Oxford, Oxford University Press, 2010. - xv, 352 s., [4 tav.], illustreret

ed. by Timo Partonen and S. R. Pandi-Perumal



ISBN: 9780199544288

ISBN: 019954428X

Relapse prevention for depression

[C. Steven Richards](#); [Michael G. Perri](#)

Emne: [Depression](#) ; [prevention & control](#) ; [Recurrence](#) ; [prevention & control](#) ; [Depression](#) ; [therapy](#) ; [Depression, Mental. Relapse. Prevention](#) ; [Depression, Mental. Treatment](#)

Indhold: Recurrence in major depression: assessing risk indicators in the context of risk estimates / by Scott M. Monroe. Cognitive behavior therapy and relapse prevention for depression / by Claudi L. [...]

BOG: Washington, DC, American Psychological Association, 2010. - xi, 296 s.

ed. by C. Steven Richards and Michael G. Perri

ISBN: 9781433807282

ISBN: 1433807289

Cognitive-behavioral therapy and relapse prevention for depression and anxiety

[John W. Ludgate, 1951-](#); [John W. Ludgate, 1951-](#)

Emne: [Depression](#) ; [therapy](#) ; [Anxiety Disorders](#) ; [therapy](#) ; [Cognitive Therapy](#) ; [Recurrence](#) ; [prevention & control](#) ; [Depression, Mental. Relapse. Prevention](#) ; [Anxiety disorders. Relapse. Prevention](#) ; [Cognitive therapy](#)

Indhold: Overview of cognitive-behavioral therapy (CBT) and relapse -- Overview of strategies for maintenance and relapse prevention -- Specific procedures for maintenance and relapse prevention --

Specific difficulties in maintaining treatment gains and preventing relapse -- General guidelines for therapists working with patients who relapse -- Myths regarding relapse

BOG: Sarasota, Fla., Professional Resource Press, c2009. - xii, 84 s.. - (Practitioner's resource series)

John W. Ludgate

Serie: [Practitioner's resource series](#)

ISBN: 1568871228

Clinics in Human Lactation : mentoring our future

[Denise Altman](#)

Emne: [fødselsdepression](#) ; [behandling](#) ; [amning](#) ; [gravide](#) ; [psykisk sundhed](#) ; [depression](#) ; [mental sundhed](#)

Forlagets beskrivelse: Mentoring is more than just training! In Mentoring Our Future, author Denise Altman, RN, IBCLC, LCCE describes the nuts and bolts of mentoring. She begins with the basic structure for mentoring and adds real life stories about good and bad mentoring experiences. [...]

BOG: Amarillo, TX, Hale Publishing, 2008. - 77 p.

Denise Altman

ISBN: 9780984503926

Postnatal care : evidence and guidelines for management

[Christine MacArthur](#); [Debra Bick](#); [Heather Winter](#)

Emne: [Postnatal Care](#) ; [Puerperal Disorders -](#) ; [prevention & control](#) ; [Puerperal Disorders -](#) ; [therapy](#) ; [jordmødre fødsel](#) ; [Maternal health services. Great Britain](#) ; [Midwifery. Great Britain](#) ; [Postnatal care](#) ; [Postnatal care. Great Britain](#)

Indhold: Preface; Background to the IMPACT study; Development of the guidelines; How to use the guidelines; Endometritis and abnormal blood loss; Perineal pain and dyspareunia; Caesarean section wound care and pain relief; Breastfeeding issues; Urinary problems; Bowel problems; Depression and other psychological morbidity; Fatigue; Backache; Headache; Appendix 1: [...]

BOG: 2. ed.. - Edinburgh, Churchill Livingstone, Elsevier, 2009. - xiii, 221 s., illustreret + 10 ark i lomme

Debra Bick, Christine MacArthur, Heather Winter ; with contributions from Kathy de Mott and Gill Ritchie

ISBN: 9780443104008

Eye movement desensitization and reprocessing (EMDR) therapy scripted protocols and summary sheets. Treating anxiety, obsessive-compulsive, and mood-related conditions

[Marilyn Luber](#)

Emne: [Eye Movement Desensitization Reprocessing](#) ; [methods](#) ; [Eye Movement Desensitization Reprocessing](#) ; [methods](#) ; [Anxiety Disorders](#) ; [therapy](#) ; [Anxiety Disorders](#) ; [therapy](#) ; [Interview, Psychological](#) ; [methods](#) ; [Interview, Psychological](#) ; [methods](#) ; [Medical History Taking](#) ; [methods](#) ; [Medical History Taking](#) ; [methods](#) ; [Mood Disorders](#) ; [therapy](#) ; [Mood Disorders](#) ; [therapy](#)
Indhold: EMDR for specific fears and phobias : the phobia protocol / Ad de Jongh -- EMDR and panic disorder with or without agoraphobia / Ferdinand Horst and Ad de Jongh -- The flashforward procedure / Robin Logie and Ad de Jongh -- Obsessive compulsive disorder and EMDR / Karsten Böhm -- Body dysmorphic disorder, [...]

BOG: New York, NY, Springer Publishing Company, LLC, 2015. - p.

Marilyn Luber
ISBN: 9780826131676

Fundet af fagkonsulenten

(d. 23.04.2015)

Ref ID: 6245

Title: S3-Guideline/National Disease Management Guideline: Unipolar Depression (short version)

Pub Year: 2012

Report Number: nvl-005

Publisher: DGPPN, BÄK, KBV, AWMF, AkdÄ, BPtK, BApK, DAGSHG, DEGAM, DGPM, DGPs, DGRW

Place of Publication: Germany

Links: <http://www.leitlinien.de/nvl/depression>

(d. 24.04.2015)

Ref ID: 6246

Editors: [Kennedy, S.H.](#); [Lam, R.W.](#); [Parikh, S.V.](#); [Patten, S.B.](#); [Ravindran, A.V.](#)

Title: Canadian Network for Mood and anxiety Treatments (CANMAT) Clinical Guidelines for the Management of Major Depressive Disorder in Adults

Pub Year: 2009

Total Pages: S1-S64

Edition: Volume 117, supplement 1

Publisher: Journal of Affective Disorders

(d. 04.05.2015)

Ref ID: 6247

Output language: German

Title: S3-Leitlinie/Nationale VersorgungsLeitlinie: Unipolare Depression (Langfassung)

Pub Year: 2012

Report Number: nvl-005

Publisher: DGPPN, BÄK, KBV, AWMF, AkdÄ, BPtK, BApK, DAGSHG, DEGAM, DGPM, DGPs, DGRW

Place of Publication: Germany

Links: <http://www.leitlinien.de/nvl/depression/archiv#nvl-depression>